

## Research and Publication Culture

The government of Nepal funds many researches in a year, but that hardly get published into the mainstream scientific journal. Most of them are limited to reports and remain as grey literature. There are hundreds of external donor partners active in the country, they also do lots of research work, but their work never seen in the journal. In a sporadic cases, few researches get published, mostly in reputed journal abroad.

This is irony in the part of researchers that most of the work is done in Nepal, if published in the local journal that would have provided more opportunities to learn from it, but it gets published elsewhere and local researcher and academician hardly use it. Some researches which need world attention or focused for international audience should be published in international journal. However, if the finding are more relevant to our own country it has to be published in Nepalese journals.

Most of the article published elsewhere is invariably co-authored by foreign author, which also indicates that Nepalese author are counterpart of researchers who worked in Nepal. As per the rule, any international research requires involvement of minimum one Nepali researcher, this is mandatory. That is the reason why we find less number of Nepalese contributing to local science.

The culture of research and publication has to go hand in hand with government policy, universities curriculum, and funding more researches in Nepal. Since this would be a new trend for developing nation, we need to have more experts and organizations to train younger generation for research and publication. Once, we have the culture for contributing to the science with increasing demand, this will inevitably followed by misconduct in the part of research and publication, for which Ethical Review Board (ERB) and Journals have to work together.

Culture always begins with particular group of people with certain believes, values, motive, and philosophy. Therefore, now its time for Nepalese people to get united to start the culture of scientific research and publication. We shall now come out of personal beliefs such as “in my opinion” instead - “this research indicates...”, former is arrogant and may harm the patient, at times but later one will lead to evidence based practice, and now, Nepal must embark on a journey to improved local sciences.