

# Clinical Trial Training for the Research Teams

Hsu Tsui-Wen<sup>1</sup>, Chih-Shung Wong<sup>2</sup>

<sup>1</sup>Institute Review Board Cathay General Hospital,  
Taipei, Taiwan.

<sup>2</sup>Department of Anesthesiology CGHIRB, Cathay  
General Hospital Taipei, Taiwan



國泰綜合醫院  
Cathay General Hospital

國泰醫療財團法人

# Background

- Well-trained clinical researchers can facilitate clinical trials while enhancing their research knowledge and ability to conduct trials.
- Adequate training is consistent with key clinical and regulatory objectives:
  - provide high-quality clinical trials
  - ensure that staff have the skills, competencies and capabilities requirement and appropriate qualification.





# Background

In 2024 revised version of the Declaration of Helsinki.

- Article 12 states: Medical research involving human subjects must be conducted only by individuals with the appropriate ethics and scientific education, training and qualifications.
- Research on patients or healthy volunteers requires the supervision of a competent and appropriately qualified physician or other health care professional.



# **Aims and Methods**

# AIMS



- To achieve the goals of the GCP training standards, TFDA has provided supplemental funding to support the project: Strengthening the Training and Qualifications of Clinical Research Professionals (MOHW112-FDA-D-113-000452).
- The goal
  - Improve the scientific quality and ethical knowledge of clinical trials through enhanced training for all investigators.

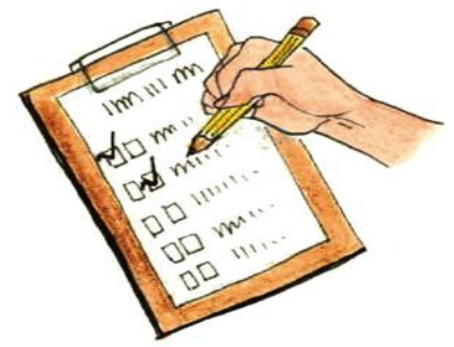


# Materials and Methods

The training program was designed with two primary components:

- **The first** is training of clinical research professionals in clinical trials on the basics of GCP.
- **The second** aim is training on advanced knowledge and the latest clinical trial trends.
- Trainees included representatives from the pharmaceutical industry, clinical trialists, and the Taiwan Drug Administration (TFDA); as well as participating clinical research professional associations, collaborative institutional training programs, and institutional review board members.





# Methods

- Survey question design uses pre-designed self-administered questionnaires
- Course effectiveness evaluation, using the lecturer's test questions as positive scores for pre- and post-tests
- This study conducted 4 basic education training sessions and 1 advanced training course.



# Results



# Results

- A total of 564 participants of the course, and the final number of participants was 435; the attendance rate was 77.1% and total 430 people were included for the analysis.
- Among basic education participants, 63.8% were female, 42.3% were over the age of 45, the majority of participants were from hospitals (57.9%) and 43.3% had submitted research protocol for review in the past five years, as shown in Table 1.



**Table 1. Demographic characteristics of survey respondents (n=430)**

variables	n(%)	Variables	n(%)
gender		service unit	
male	160(37.2%)	In Hospital	<b>249(57.9%)</b>
Female	<b>270(63.8%)</b>	CRO	4(0.9%)
age		Academia	86(20%)
Under 25 years old	28(6.5%)	Biotechnology company	34(7.9%)
26-30	38(8.8%)	IRB staffs	11(2.6%)
31-35	49(11.4%)	IRB members	20(4.7%)
36-40	66(15.3%)	Other	26(6%)
41-45	67(15.6%)		
Over 45 years old	<b>182(42.3%)</b>		



## Table 2 . Analysis of gender differences in learning effects

	pretest score mean±sd	Post score mean±sd	P value
Gender			
Male	67±5.8	87.2±2.9	<0.001
Female	66.9±6.2	87.6±1.7	<0.001
Total	67.0±8.8	87.5±5.6	<0.001

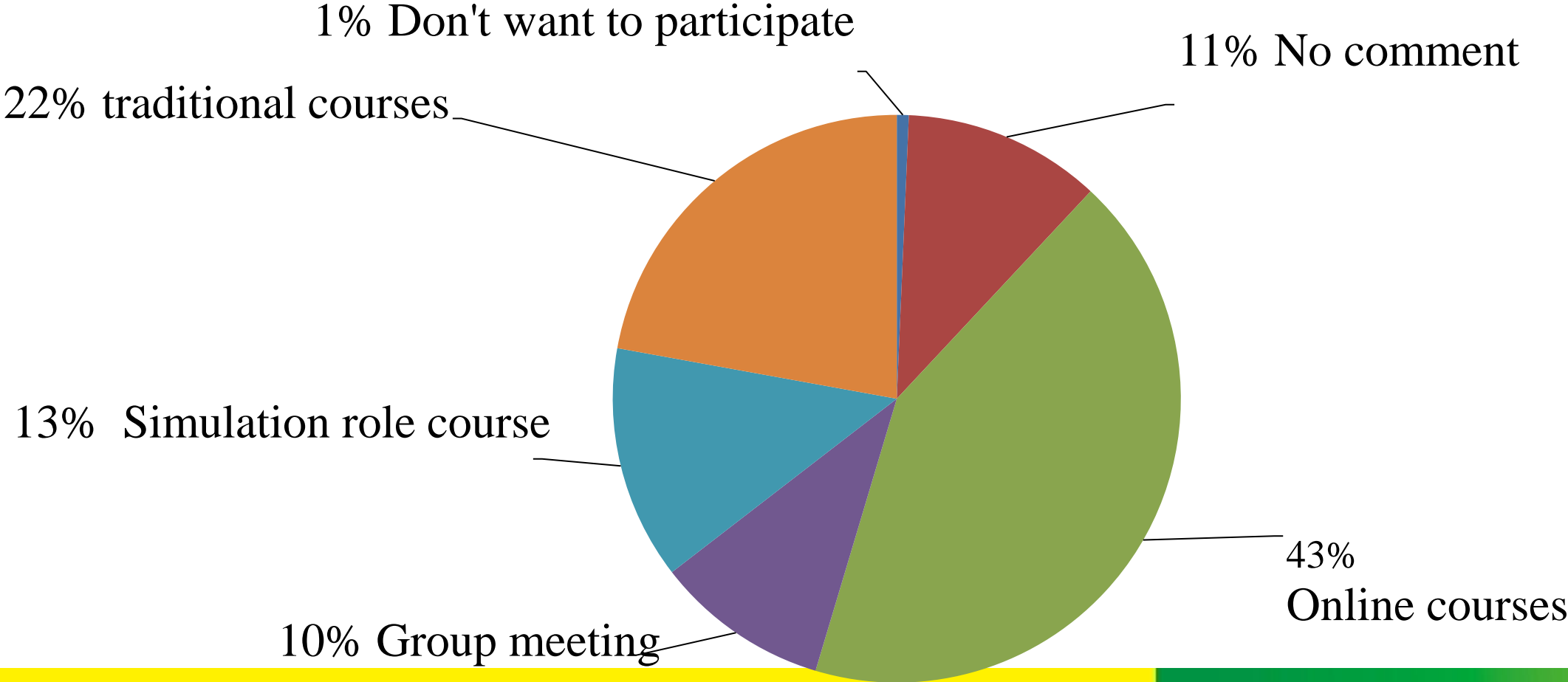


# Results

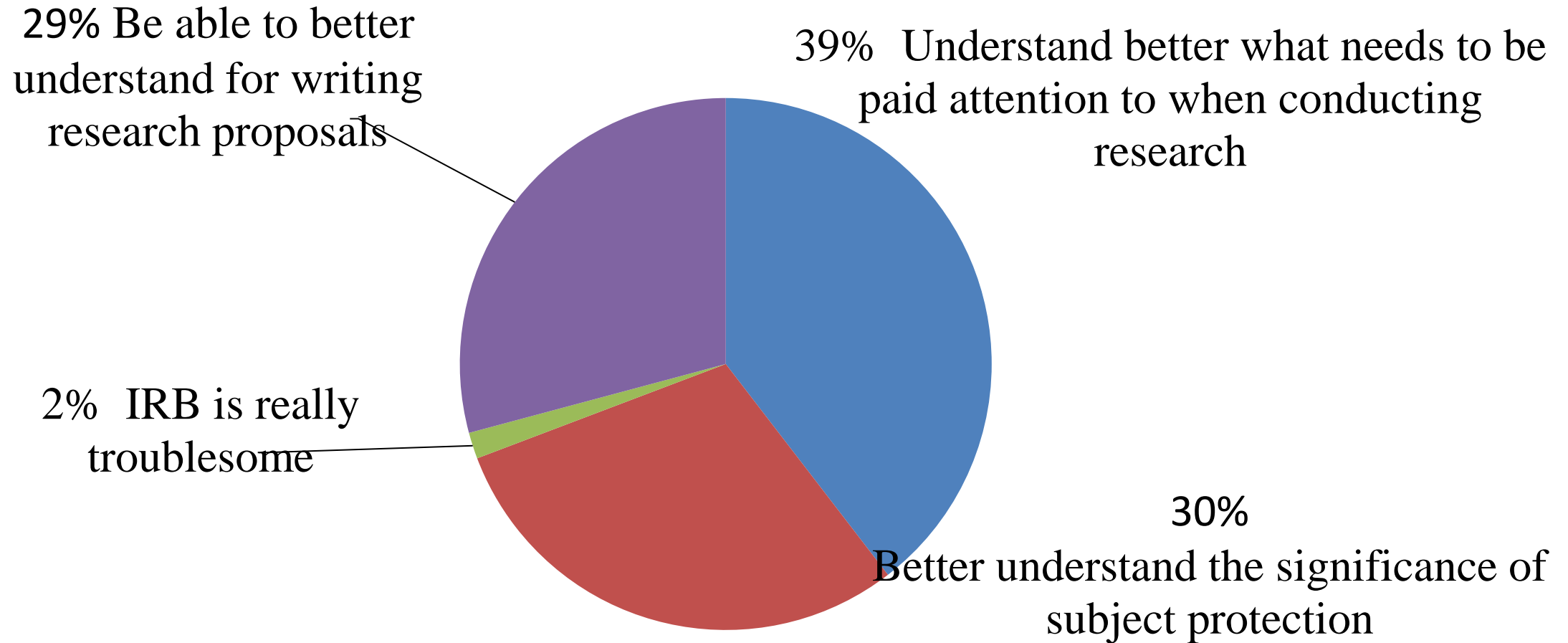
- Before and after the course, there was a significant difference between gender and learning outcomes ( $p < 0.001$ ), as shown in Table 2.



# Courses you are interested in taking



# Did you gain anything from this seminar?

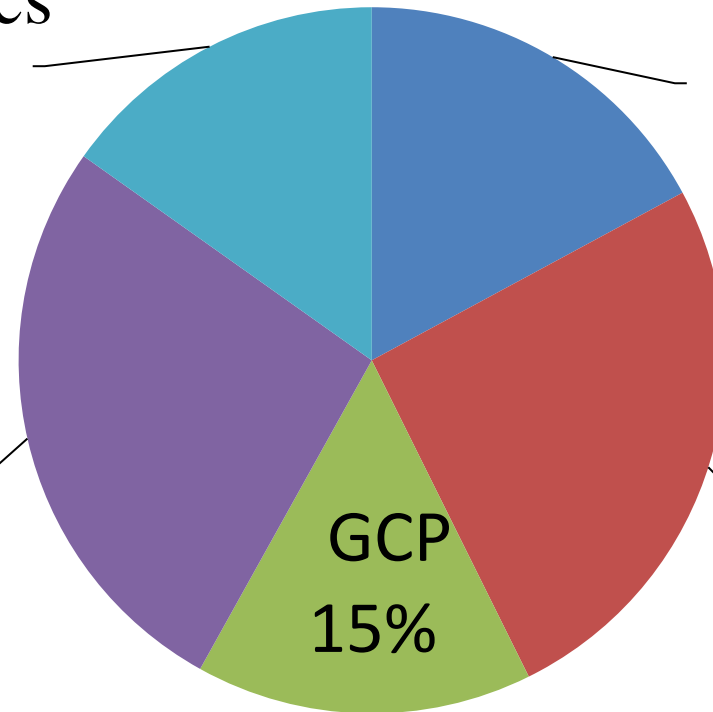


# Courses you were interested in participating in in the future

15% Clinical trial statistics

17% Clinical trial regulations

27% Clinical trial design



26% Submission to IRB regulations



# Conclusion

- Future course design will focus on four key areas: authorities, project sponsors, industry and IRBs.
- By integrating the responsibilities and obligations of all parties, we adapt our curriculum to the changing research environment and improve the effectiveness and ethical standards of clinical trials.





# Strengthening the Training and Qualifications of Clinical Research Professionals (MOHW112-FDA-D-113-000452)

- 98-person basic education training
- 125-person advanced seminar
- 99-person an international conference

- 72-person basic education training

- 70-person basic education training

- 70-person basic education training



# Photos





**Thank you for your attention.**