



12th National Summit of Health and Population Scientists in Nepal



“Health Research Governance for Evidence-Informed Decision Making and Implementation in Nepal.”

April 10-12, 2026

DAY I: APRIL 10, 2026 (FRIDAY)

7:30-9:00	REGISTRATION/BREAKFAST
09:00-10:30	<p>Inauguration Session</p> <p>Prof. Dr. Narayan Bikram Thapa Chairman, NHRC (Chair of session)</p> <p>Rt. Hon'ble Vice-President of the Federal Democratic Republic of Nepal, Mr. Ramsahay Prasad Yadav (Chief Guest)</p> <p>Hon'ble Minister Ms. Nisha Mehta, Ministry of Health and Population & Water Supply (Special Guest)</p> <p>Hon'ble Vice-Chair, National Planning Commission (Guest)</p> <p>Hon'ble Vice-Chair, Prof. Dr. Anjani Kumar Jha, Medical Education Commission (Guest)</p> <p>Dr. Bikash Devkota, Secretary, Ministry of Health and Population, Government of Nepal (Guest)</p> <p>Mr. Dilliram Sharma, Secretary, Ministry of Health and Population, Government of Nepal (Guest)</p> <p>Dr. Pramod Joshi, Member-Secretary (Executive Chief), NHRC</p>
10:30-11:00	TEA/ COFFEE BREAK
11:00-13:00	<p>Plenary Session: Health Research Governance for Evidence-Informed Decision Making</p> <p>Chairs: Dr. Bikash Devkota / Dr. Buddha Basnyat</p>
11:00-11:20	<p>Dr. Sudha Sharma (Keynote): Evidence Informed Decision Making and Implementation in Health: Lessons from the Past and the Way Forward</p>
11:20-11:30	<p>Prof. Dr. Shiva Raj Adhikari: Policy Gaps and Implementation Realities: Navigating the Disconnect in Nepal's Health Sector</p>
11:30-11:40	<p>Dr. Dipak Khadka: PRI Perspectives: Quality of knowledge production/evidence generation in Nepal for Policy making, Gaps and Way forward</p>
11:40-11:50	<p>Dr. Madan Kumar Upadhyaya: DoHS Perspectives: Existing practices of research-based evidence collection, and policy implementation</p>

11:50-12:00	Dr. Sharad Kumar Sharma: NSO Perspectives: Research Data Governance, Research-based evidence generation and its challenges, Gaps and Way Forward
11:50-12:00	Dr. Sujan Babu Marhatta: MEC Perspectives: Quality of knowledge production/evidence generation in Nepal for Policy making, Gaps and Way forward
12:00-12:50	Plenary Discussion: Health Research Governance for Evidence-Informed Decision Making Moderator: Dr. Bhim Prasad Sapkota Panellists: Prof. Dr. Shiva Raj Adhikari Dr. Dipak Khadka Dr. Madan Kumar Upadhyaya Dr. Sharad Kumar Sharma Dr. Sujan Babu Marhatta
12:50-13:00	Chair's remarks and closing
13:00-14:00	LUNCH AND POSTER PRESENTATION
14:00-15:30	Panel Discussion I: Research Governance/Regulation and Ethics Chairs: Prof. Dr. Aarati Shah/ Dr. Hari Prasad Dhakal Moderator: Prof. Dr. Sudha Basnet Panellists: NHRC Representative Dr. Anip Joshi Dr. Raj Kumar Mehta Mr. Sharad Sharma SWC Representative Dr. Rajeev Shrestha Mr. Ram Chandra Silwal Chair's remarks and closing
15:30-16:00	TEA BREAK AND POSTER PRESENTATION

Parallel Sessions:

Time	HALL A	HALL B	HALL C
16:00-18:00	Parallel Session I: Non-Communicable diseases Chairs: -Prof. Dr. Mohan Raj Sharma -Dr. Pomawati Thapa	Parallel Session II: Reproductive Health, Maternal, Neonatal and Child Health, Family Planning Chairs: - Dr. Laxmi Raj Pathak - Dr. Chuman Lal Das	Parallel Session III: AI, Health Technology and Innovation Chairs: -Dr. Guna Nidhi Sharma -Prof. Dr. Prakash Ghimire

16:00-16:10	Invitee : Dr. UN Yadav Evidence, Policy implementation Progress and Future Directions: Addressing Non Communicable Diseases in Nepal	Invitee: Dr. Khem Karki Where is 'S' in SRHR? A Policy Perspective	Invitee: Dr. Shruti Patil AI Policy for Healthcare
16:10-16:20	Invitee: Dr. Samir Kumar Adhikari NCD Governance in Nepal	Invitee: Dr. Abhiyan Gautam Measles Surveillance, Recent Outbreaks and Interventions	Invitee: Dr. Bishesh Khanal Existing Situation (Global, SEA, Nepal), Relevant Policy framework, its Implementation Status(Nepal), Health research using AI and HT .
16:20-16:30	Metabolic Syndrome (MetS) among Scale-NCD trial participants: Preliminary Results -Sweta Koirala	Invitee: Ms. Roshani Laxmi Tui Tui SRMNCH: Service Status and Health System Strengthening in Nepal	Invitee: Mr. Suraj Prakash Aryal Digital Health in Nepal: Navigating the Broad Landscape Toward Nationwide Coverage
16:30-16:40	Stroke Awareness in Rural Nepal: Evidence, Gaps, and the Way Forward -Khechar Nath Paudel	Geographical accessibility to Comprehensive Emergency Obstetric and Newborn Care in Nepal -Apsara Cheetri	NHRC: Dr. Bishnu P. Marasini Rational Application of Artificial Intelligence and AI-Driven Tools
16:40-16:50	Waist-to-Height Ratio, Glycemic Mediation, and Differential Cardiovascular Aging in Gujarati-Indian and Pokhareli-Nepalese Adults - Chiranjivi Adhikari	Maternal and newborn health status in Dhanusha: Increased dependency on private sector -Sajana Maharjan	Invitee: Dr. Raba Thapa Assessment of Accuracy, Feasibility, Acceptability and Cost Implications for Enhancing Access to Refractive Error Services through Technology and task reallocation in Lalitpur and Dhading district in Nepal
16:50-17:00	Exploring enabling factors and barriers to implementing a systematic cervical cancer screening programme for ex-Gurkha veterans' wives and widows in Nepal -Gerda Pohl	Scaling a simulation-based training methodology to build the competency of maternal and newborn health service providers across Nepal -Bhagwati Shrestha	Invitee: Mr. Ram Chandra Thapa Designing Resilient Assistive Technology Systems through Distributed Manufacturing and Local Production: Case studies from Nepal

17:00-17:10	Patterns and determinants of cervical cancer risk factors among Nepalese women - Sajani Manandhar	Effectiveness of simulation-based training intervention in improving neonatal resuscitation knowledge and skills among newborn care service providers in Sarlahi district, Nepal: A Cluster Randomized Controlled Trial -Khem Narayan Pokharel	Co-Designing a Digital Health Tool for INterseCtional stigma assessment and reduction at multiple Levels and mULTiple DimEnsions (INCLUDE) to improve HIV care in ART centers in Nepal -Alisha Karki
17:10-17:20	A Pilot Study of Systematic Colorectal Cancer Screening Using FIT in Primary Care: A Single-Center Study in the Nepalese Population -Anu Dahal	Prophylactic obstetric antimicrobial use, maternal colonization and vertical transmission of antimicrobial-resistant bacteria among mother-newborn pairs in Nepal -Sulochana Manandhar	AI-powered Task-shifting for High Quality Fetal Ultrasound Service in Community Healthcare Settings -Ranjana Koirala
17:20-17:30	The Dual Burden of Cancer Caregiving: Out-of-Pocket Costs and Psychological Distress among Cancer Caregivers at Tertiary Cancer Care Centers in Nepal -Subash Wagle	Development and validation of pelvic floor muscle exercise education program for postnatal women: A mixed method study. -Pooja Paudel	Assessment of ownership, frequency of smart device uses and the acceptability of digital health data sharing among hypertensive patients in a Tertiary Hospital in Nepal -Sandhaya Niraula
17:30-17:40	Simplifying Metabolic Syndrome Screening: Validation of the Triglyceride-Glucose Index in Nepalese Adults -Rachana Pandey	हाम्रो आवाज : छाउपडी अन्त्य परिवर्तित जीवन (Our Voice: Transforming Lives through the End of Chhaupadi) Integrating Human-Centered Design, Arts-Based Research, and Intervention Mapping to Co-Design a Menstrual Health Intervention in Nepal -Sara E Bauman	Surveillance of community acquired pneumonia: Potential for wearable devices and Remote monitoring system in Nepal -Shristi Singh
17:40-17:50	Bridging the Gap: Availability and Accessibility of Free Medicines for NCDs and Mental Disorders Across Health Facility Levels in Bagmati Province, Nepal	Invitee: Dr. Mina Shrestha Ensuring ethical conduct and safeguarding participants safety in a randomized controlled trial of a multi-component family intervention for intimate	Implementation Bottlenecks in Evidence-Informed Decision Making in Nepal's Federal Health System: An Inter-level Participatory Policy Analysis -Amshu Dhakal

	– Arjun Poudel	partner violence and depression in Nepal	
17:50-18:00	Building a Resilient Nepal: Health Workforce Perspectives on New Public Health Approaches to NCDs, Emerging Health Threats, and Population Health(Governance) -Binod Kumar Aryal	Evolution of the funding landscape and its impact– A case from reproductive, maternal, newborn, and child health for last 35 years in Nepal- -Jagadishwor Ghimire	
18:00-18:10	Chair’s remarks and closing		
18:10-21:00	Snacks and Dinner/ Social and Scientific Networking/ Cultural Program		

DAY II: APRIL 11, 2026 (SATURDAY)

7:30-9:00	REGISTRATION/BREAKFAST		
9:00-10:30	<p>Panel Discussion II: Advancing Clinical Trial Operations: From Landscape Analysis to system level approaches</p> <p>Clinical Trial Landscape in Nepal: Ms. Namita Ghimire</p> <p>Operational Challenges conducting a clinical trial in Nepal: Dr. Dipesh Tamrakar</p> <p>System-Level Approaches to Strengthening Clinical Trials and The OUCRU Nepal CTU Experience: Dr. Suchita Shrestha</p> <p>Chairs: Dr. Jeevan Bahadur Sherchand / Dr. Abhilasha Karkey</p> <p>Moderator: Dr. Diptesh Aryal</p> <p>Panellists:</p> <p>Mr. Narayan Prasad Dhakal Dr. Dipesh Tamrakar Dr. Suchita Shrestha Ms. Namita Ghimire</p> <p>Chair’s remarks and closing</p>		
10:30-11:00	TEA BREAK AND POSTER PRESENTATION		

Parallel Sessions:

Time	HALL A	HALL B	HALL C
11:00-13:00	<p>Parallel Session: IV Infectious Disease and Epidemic Preparedness and Disaster Management</p> <p>Chairs: -Dr. Prakash Budhathoky -Dr. Tarun Saluja</p>	<p>Parallel Session: V Clinical Sciences, Ayurveda and Traditional medicine, Genetics, Specialist Care</p> <p>Chairs: -Dr. Shyam Babu Yadav -Dr. Pushpa Raj Poudel</p>	<p>Parallel Session VI: Mental Health and Wellbeing/Primary and UHC/Health Financing</p> <p>Chairs: -Dr. Mahesh Kumar Maskey -Dr. Madhu Dixit Devkota</p>
11:00-11:10	<p>Invitee: Ms. Usha Tandukar Overview of AMR in Nepal context</p>	<p>Prevalence, Trends and Determinants of Low Birth Weight in Nepal: A Pooled Analysis of NDHS (2011-2022) Data with Multiple Imputation -Usha Singh</p>	<p>Invitee: Dr. Binita Dhungel National Mental Health Program: Achievements, Challenges, and Way Forward</p>
11:10-11:20	<p>Spreading Endemicity of Kala-azar in Nepal; an emerging threat to ongoing elimination initiative -Surendra Kumar Uranw</p>	<p>The role of self-determination theory in investigating factors that contribute to performance in active malaria case surveillance among female community health volunteers in high-endemic areas of Nepal -Satya Narayan Yadav</p>	<p>Invitee: Dr. Sachin Ghimire Social sufferings in Russia and Ukraine tussle: A necropolitical analysis of Nepali citizens exposed in Sordid Trafficking</p>
11:20-11:30	<p>Epidemiological Trends of Leprosy Cases in Pre- and Post-Elimination Era: A Comprehensive District-Level Data from an In-Situ Leprosy Center -Kanchha Shrestha</p>	<p>Effect of Electroacupuncture in Neurogenic Bladder: A Quasi-Experimental Study -Jaya Satyal</p>	<p>From Design to Delivery: Exploring the Implementation of MHPSS Interventions through Stakeholder Perspectives -Pashupati Mahat</p>
11:30-11:40	<p>Municipality-Level Spatial Clustering and Socio-Environmental Determinants of Tuberculosis in Nepal, 2019-2024</p>	<p>How Physiotherapists and Orthopedic Surgeons Manage Patients with Knee Osteoarthritis in</p>	<p>Implementation Challenges of Nepal's National Mental Health Strategy 2020-2025: Governance, Financing, and Stigma Barriers Amid Polycrises</p>

	-Nabin Bisth	Nepal? A Nationwide Cross-Sectional Study -Bipin Ghimire	-Jeeban Ghimire
11:40-11:50	Cost-effectiveness analysis of household contact tracing with 3HP preventive therapy for tuberculosis prevention in Nepal -Anchal Thapa	Impact of Genetic polymorphisms in Vitamin D pathway-related Genes on Vitamin D status in Human Health: Evidences from local studies in Nepalese population -Binod Kumar Yadav	Quality of Life and Associated Factors among Parents of Children with Autism Spectrum Disorder: A Comparative Study in Kathmandu Valley, Nepal -Manish Kayastha
11:50-12:00	Cost of treatment of Dapsone Hypersensitivity episodes for leprosy patients: A hospital based retrospective study - Divya Raj Shamsher J B Rana	Invitee: Dr. Lily Rajbansi Early Detection of Diabetic Retinopathy: Physician's Role in Preventing Blindness	Validation of the Symptom Questionnaire for Visual Dysfunctions (SQVD): A psychometric analysis within the Nepalese population - Umesh Belbase
12:00-12:10	Knowledge, Attitude and Perceptions toward HPV Vaccination in Nepal: Comparison between Girls and Mothers of Girls -Sona Gautam	Invitee: Dr. Nisha Acharya Targeting TRPV1 via epigenetic modulation: Implications for chronic orofacial pain management.	Barriers and Facilitators to Implementing WHO mhGAP Suicide Protocols in Rural Primary Care Settings of Nepal - Renasha Ghimire
12:10-12:20	Mapping the distribution of phlebotomine sand fly species with emphasis on Leishmania vectors in Nepal and exploring the potential of DNA barcoding for their identification -Lalita Roy	Invitee: Dr. Lakshmi Prasad Ghimire Nagarik arogya program at urban health setting and its contribution in preventing NCDs	Invitee: Dr. Pushpa Raj Poudel Securing the Future: Implementing Nepal's Health Financing Strategy 2080-2090
12:20-12:30	Expression and analysis of Dengue-1 recombinant antigens for vaccine prototype development -Archana Maharjan	Burden of Mycoses and Emerging Antifungal Drug Resistance in Nepal Across the One Health Interface - Dev Raj Pokharel	Leveraging Community Health Worker-driven Longitudinal Care to Strengthen Primary Health Care and Universal Health Coverage: Early Insights from a Community-Based Integrated Mental Health and NCD Intervention in Nepal

			-Puskar Raj Paudel
12:30-12:40	Impact of antibiotic therapy on gut microbiome and antimicrobial resistance in enteric fever patients enrolled in randomized controlled trial -Narayan Kunwar	Invitee: Dr. Bishun Dayal Prasad Patel Traditional Medicine Guideline	National Health Insurance and Healthcare Utilization in Nepal: A Stratified Community-Based Study of Insured vs Uninsured Households -Gaurav Bhattarai
12:40-12:50	The synergistic potential of silver nanoparticles and antibiotic in multi-drug-resistant isolates in tertiary care hospital -Dipendra Bajracharya	Invitee: Dr. Sarita Bhuttada Bioactive Constituents of Rudraksha (<i>Elaeocarpus ganitrus</i>) Shell: Phytochemical Profiling and Therapeutic Potential	A Political Economy Analysis of Nepal's Out-of-Pocket Expenditure on Medicines: Interactions between the National Health Insurance Programme and the Pharmaceutical Market -Gehanath Khanal
12:50-13:00	Building Evidence for Enteric Fever Treatment across South Asia: From Early Trials to the Azithromycin and Cefixime Typhoid Trial -Saraswati Budhathoki	Invitee: Prof. Dr. DR.JN Pandey Himali An Introduction to Infective RHD Diseases in Nepal -Foundation of Academic Characteristics and Medical Practice	Patient Safety: Nursing Students' Knowledge and their Attitude -Babita Ghimire
13:00-13:10	Preparing for the Unexpected: An Assessment of Disaster Preparedness Level in Nepalese Hospitals -Prinka Singh	Assessment of Oral Health Status among Rural Population of Nepal -Buddhi Man Shrestha	Addressing diagnostic Limitations in enteric fever in resource limited settings -Sabina Dangol
13:10-13:20	Chair's remarks and closing		
13:20-14:00	LUNCH BREAK AND POSTER PRESENTATION		

14:00-15:30	<p>Panel Discussion III: Research, Academia and Industry</p> <p>Chairs: Prof. Dr. Chop Lal Bhusal /Prof. Dr. Biraj Karmacharya</p> <p>Moderator: Dr. Rajendra Kumar BC</p> <p>Panellists:</p> <p>Dr. Aakriti Pokharel</p> <p>Prof. Dr. Rajani Shakya</p> <p>Mr. Kabin Malekhu</p> <p>Mr. Sailesh Vaidya</p> <p>Dr. Balaram Gautam</p> <p>Mr. Kiran Bajracharya</p> <p>Chair's remarks and closing</p>
15:30-16:00	TEA /COFFEE BREAK AND POSTER PRESENTATION

Parallel Sessions:

Time	HALL A	HALL B	HALL C
16:00-18:20	<p>Parallel Session: VII</p> <p>Environmental Health, Occupational Health, Climate Change, One Health</p> <p>Chairs:</p> <p>-Dr. Ananda Ballabh Joshi</p> <p>-Dr Dharmesh Lal</p>	<p>Parallel Session: VIII</p> <p>Health Inequalities and Social Determinant of Health Health Education and Promotion, Implementation Research</p> <p>Chairs:</p> <p>-Dr. Radhika Thapaliya</p> <p>-Prof. Madhusudan Subedi</p>	<p>Parallel Session: IX</p> <p>Nutrition and Food Security</p> <p>Chairs:</p> <p>-Mr. Lila Bikram Thapa</p> <p>- Dr. Anil Bikram Karki</p>
16:00-16:10	<p>Invitee: Er. Bhusan Tuladhar</p> <p>Environmental Health in South Asia: Challenges and Opportunities</p>	<p>Invitee: Prof. Dr. Sharad Raj Onta</p> <p>Health in Nepal from the Perspective of Equity</p>	<p>Invitee: Mr. Nabaraj Dhungana</p> <p>Present status of Multi-Sector Nutrition Plan: A Policy Perspective</p>
16:10-16:20	<p>Evidence-Informed Health and Climate Policy-Making in Nepal: An Integrated Analysis of H-NAP, NHSSP, and NDC 3.0</p> <p>-Bijaya Sharma</p>	<p>Invitee: Dr. Bipin Adhikari</p> <p>Community engagement for ethical health research</p>	<p>Invitee: Prof. Dr. SB Dahikar</p> <p>Microbial Biotransformation of Plant-Derived Bioactive Compounds: A Probiotic Strategy for Functional</p>

			Foods and Improved Health
16:20-16:30	Applying Systems Thinking in Health and Climate Change Policy Making in Nepal -Deepak Poudel	Exploring Key Influencers of Menstrual Seclusion in Nepal using Social Network Analysis - Aubree E. McMahon	A scoping review of nutrition-specific and nutrition-sensitive interventions addressing all forms of malnutrition in Nepal - Sharada Prasad Wasti
16:30-16:40	Climate Change Anxiety and its Associated Factors among Indigenous Community from a One Health Perspective: A Mixed Methods Study -Kusumsheela Bhatta	Healthcare providers' perception of tuberculosis-related stigma: Drivers and manifestations within Nepal's cultural context -Kritika Dixit	From Food Security to Public Health: Assessing Emerging Mycotoxin Contamination Across Nepal's One Health Landscape -Anu Maharjan
16:40-16:50	From Participation to Co-Design: Engaging Workers and Communities in Ethical Climate Health Priority Setting in Nepal -Pratikshya Gyanwali	Engaging community members in co-designing interventions to address non-communicable disease risk: Lessons from forming co-production groups in Kathmandu, Nepal -Sulata Karki	Screening Coverage as a Key Bottleneck in the Early Identification of Acute Malnutrition among Children 6–59 Months in Lumbini Province, Nepal -Prabina Makai
16:50-17:00	Status of climate resilient capacity of households for STHR in Nepal -Sujan Karki	Effectiveness of a Female Community Health Volunteer-Led Physical Activity Promotion Intervention in Semi-Urban Nepal: An Open-Label, Cluster Randomised Controlled Trial -Rajan Shrestha	Uneven Progress: Declining Undernutrition and Rising Overnutrition in Nepal -Dirghayu K.C.
17:00-17:10	Air Pollution and Neonatal and Child health in Nepal: Role of child Health Professional Organization -Ramhari Chapagain	Contextual influences on the implementation of a community-based oral health program in rural Nepal: A PRISM guided mixed methods study - Amy Gray Szacilo	Elemental iron release using a traditional cast iron karai: a viable option to increase iron intake -Leela Khanal

17:10-17:20	Knowledge, handling practices and health risk perceptions of pesticides among farmers in Thaha Municipality, Makwanpur - Ajay Kumar Rajbhandari	Effectiveness of three manual toothbrushes with different bristle designs in terms of plaque removal and gingival inflammation: A randomized controlled trial -Ratna Mishal	Factors associated with iron and folic acid supplementation adherence among adolescent girls in a hilly rural municipality of Nepal -Mahesh Bhatta
17:20-17:30	Pulmonary Function and Occupational Risk Among Metal Craftsmen of Handicraft Industry in Nepal -Archana Bhaila	Health system factors influencing the implementation of physical activity information provision in antenatal and postnatal care services in Nepal -Susmita Neupane	Determinants for implementing information provision on healthy eating and weight management in the antenatal care services in Nepal -Shakun Sharma
17:30-17:40	Heart's Intervention Design Targeting Younger Adults & Ageing Population (HRIDAYA): Process and lesson learnt from the stakeholder engagement -Sunita Dhungel	Invitee: Prof. Dr. Archana Shrestha Implementation Research Guideline	Traditional Nepali Fermented Foods as Sources of Functionally Relevant Microbes for Nutrition and Food Security - Shrijana Shakya
17:40-17:50	Acceptability, Feasibility, and Appropriateness of Police-Based Basic Life Support Training and Public-Space AED Integration in Nepal: A Mixed-Methods Implementation Evaluation -Sanjaya Bahadur Chand	Invitee: Ms. Bala Rai Advancing Health Promotion in Schools: Evidence and practice	Factors associated with multiple forms of undernutrition among under five children in Nepal -Usha Ghimire
17:50-18:00	A One Health Perspective for Psycho-Social and Environmental Determinants of Lymphatic Filariasis Preventive Practices in Nepal India Border Endemic District -Santos Pandey	Invitee: Dr. Hari Krishna Banskota Inequities on Child Health and Nutrition insights from NMICS 2024-2025	
18:00-18:20	Chair's remarks and closing		

DAY III: APRIL 12, 2026 (SUNDAY)

7:30-9:00	REGISTRATION/BREAKFAST
9:00-10:40	Reforming Health Financing: Navigating Nepal's Health Insurance Program
9:00-9:15	Invitee: Mr. Ravi Kanta Mishra Efficiency of basic health care service delivery across all 753 local governments in Nepal
9:15-9:30	Invitee: Dr. Krishna Prasad Paudel
09:30-10:30	Panel IV: From Policy to Implementation – Nepal's Health Insurance Program and the Path to Universal Health Coverage Chairs: Prof. Dr. Narayan B Thapa/ Prof. Dr. Bhupendra Kumar Basnet Moderator: Dr. Krishna K. Aryal Panellists: Dr. Krishna Paudel, Prof. Dr. Bhagwan Koirala, Dr. Suresh Tiwari, Ms. Junu Shrestha, Mr. Ravi Kanta Mishra
10:30-10:40	Chair's remarks and closing
10:40-10:50	BREAK
10:50-11:35	Standing Panel Discussion V: Addressing Nepal's evolving disease burden: Insights on premature mortality, and prevention policies

	<p>Chairs: Dr. Keshar Bahadur Dhakal/Mr. Diego Moroso Moderator: Dr. Krishna K. Aryal</p> <p>Background Presentation: Mr. Achyut Raj Pandey</p> <p>Panellists: Dr. Bhim Prasad Sapkota Dr. Ghanshyam Gautam</p>
11:35-11:45	Chair's remarks and closing
11:45-12:10	TEA BREAK AND POSTER PRESENTATION

Parallel Sessions:

Time	HALL A	HALL B	HALL C
12:10-13:10	<p>Parallel Session: X Migration and Health, Population Health and Demographics Chairs: -Dr. Nisha Acharya - Dr. Mahesh Chandra Puri</p>	<p>Parallel Session: XI Ageing and Geriatric Health Chairs: -Prof. Dr. Lochana Shrestha -Ms. Hira Kumari Niraula</p>	<p>Parallel Session: XII Pharmaceuticals and Access to Medicine Chairs: -Dr. Saroj Sharma -Dr. Pradip Gyanwali</p>
12:10-12:20	<p>Invitee: Dr. Dhruba Raj Ghimire Migration, Demography, and Health: Evidence, Transitions, and Policy Pathways for Nepal</p>	<p>Invitee: Ms. Kabita Aryal Health response to ageing : Reorienting health care from institution to home setting</p>	<p>Invitee: Mr. Sumit Chandra Shrestha Existing situation of pharmaceutical industries in Nepal, Drugs-related Policy framework, its Implementation Status (Nepal), including collaboration approach towards pharmaceutical products and research priorities area in Nepal</p>

12:20- 12:30	Conjugal Relationships and Sexual Health of Left-Behind Spouses of International Migrants in Eastern Nepal: A Mixed-Methods Study -Anup Adhikari	Assessing Medication Adherence Risk Levels and Usage Patterns among Elderly Residents in Selected Care Homes: A Cross-Sectional Study -Sandhya Khatri	Invitee: Dr. Sunil Shrestha Access to Essential Medicines in Nepal: Bridging Evidence, Policy, and Practice
12:30- 12:40	Invitee: Dr. Anuj Kapilashrami Health governance and system responses: Identifying evidence and policy gaps to advance the regional agenda for migration health	Predictors of medication-related quality of life among older adults with chronic illness in Nepal: Insights from multi-model predictive analytics -Rohit Agrawal	Implementation of a national program to promote Rational Use of Medicines (RUM) in Nepal: a secondary analysis -Nisha Jha
12:40- 12:50	Invitee: Dr. Ganesh Gurung Health governance and system responses: Identifying evidence and policy gaps to advance the regional agenda for migration health	Development and Psychometric Evaluation of Self-Compassion Scale for Nepalese Older Adults with Chronic Diseases (SSC-NOACD): A Mixed-Method Sequential Exploratory Research Design -Rekha Timalina	Understanding Forecasting/Quantification for Paracetamol and Iron tablets in Nepal's Public Health System: A sub-national level assessment - Heem Sunder Shakya
12:50- 13:00	Invitee: Mr. Obindra B. Chand Health governance and system responses: Identifying evidence and policy gaps to advance the regional agenda for migration health	Health Care Utilization and Its Associated Factors and Health Care Expenditure Among Elderly Population of Banepa Municipality -Kritika Shrestha	Assessment of potential drug-drug interactions among the inpatient departments of a tertiary care centre -Sajala Kafle
13:00- 13:10	Chair's remarks and closing		
13:10- 14:00	LUNCH		
14:00- 15:00	Award Distribution and Closing Ceremony Session Chair: Dr. Pramod Joshi, Executive Chief, NHRC Chief Guest: Hon'ble Minister Ms. Nisha Mehta, Ministry of Health and Population & Water Supply Guest: Dr. Bikash Devkota, Secretary, Ministry of Health and Population,		

	Government of Nepal
15:00- 15:30	Press Meet

END