

GOVERNMENT OF NEPAL
NEPAL HEALTH RESEARCH COUNCIL



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Knowledge, Handling Practices and Health Risk Perceptions of Pesticides among Farmers in Thaha Municipality, Makwanpur

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OUTLINE

01 Background

02 Research Objectives

03 Methodology

04 Major Results / Findings

05 Conclusion

BACKGROUND

- ❑ Pesticides an integral part of modern agricultural practices.¹
- ❑ Harmful by nature.
- ❑ Have potential to adversely affect non-target organisms, if handled inappropriately.²
- ❑ In Nepal, majority of the commercially available chemical pesticides are used in vegetable farming.³



¹ Bourguet et al., 2016; ²Fortenberry et al., 2014; ³Atreya et al., 2012; Neupane et al., 2014

RATIONALE

- ❑ Farmers are extensively engaged in mixing, loading, transporting and applying pesticides, they stand under the **high-risk occupational group**.⁴
- ❑ Despite this clear health risk, research on occupational health among Nepali farmworkers is **very limited**.
- ❑ Expected concern stakeholders could formulate **evidence-based strategies and interventions** to safeguard farmer health and safety.

⁴Neupane, D., Jors, E., Brandt, L. (2014). Pesticide use, erythrocyte acetylcholinesterase level and self-reported acute intoxication symptoms among vegetable farmers in Nepal: a cross sectional study. *Environmental health*, 13 (1), 98.

OBJECTIVES

- To assess the knowledge, safety compliance on pesticide use, and perceived health impacts among vegetable farmers in Thaha municipality, Makwanpur.

Specific Objectives:

- ❖ *To determine the prevalence of commercial pesticide use in vegetable farming in Thaha municipality;*
- ❖ *To assess farmer's knowledge on pesticide and its use;*
- ❖ *To determine the compliance level of safety precautions during pesticide handling;*
- ❖ *To identify perceived health effects associated with pesticide exposure among vegetable farmers.*



METHODOLOGY

Study design

Cross-sectional
descriptive

1

Study tool

Household
survey
questionnaire

2

Study population

Registered
Vegetable
farmers

3

Sample size

542

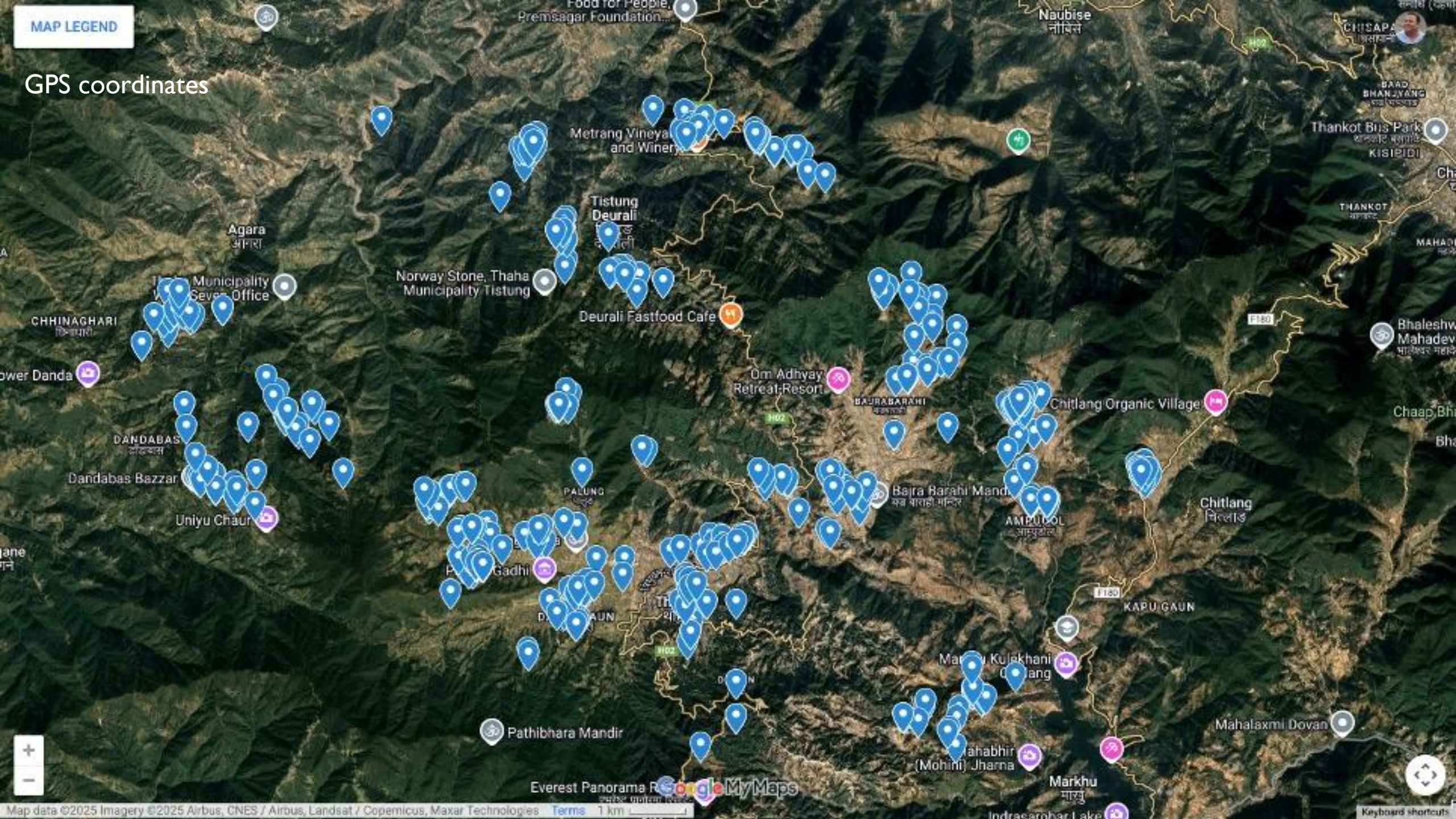
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Sampling technique

Probability
Proportionate to
Size (PPS)

5

GPS coordinates



METHODOLOGY [CONTD...]

Funding

- Faculty Research Grant, University Grant Commission
[reference no. FRG-76/77-HS-01]



विश्वविद्यालय अनुदान आयोग
University Grants Commission

Ethical Consideration

- Written consent from local government i.e., Thaha municipality
- Ethical approval from Nepal Health Research Council



RESEARCH

MAJOR FINDINGS

Socio-demographic Findings

Among the surveyed farmers,

84.87% were *Janajati* followed by *Brahmin/Chhetri* (14.58%) and *Dalit* (0.55%)

N=542

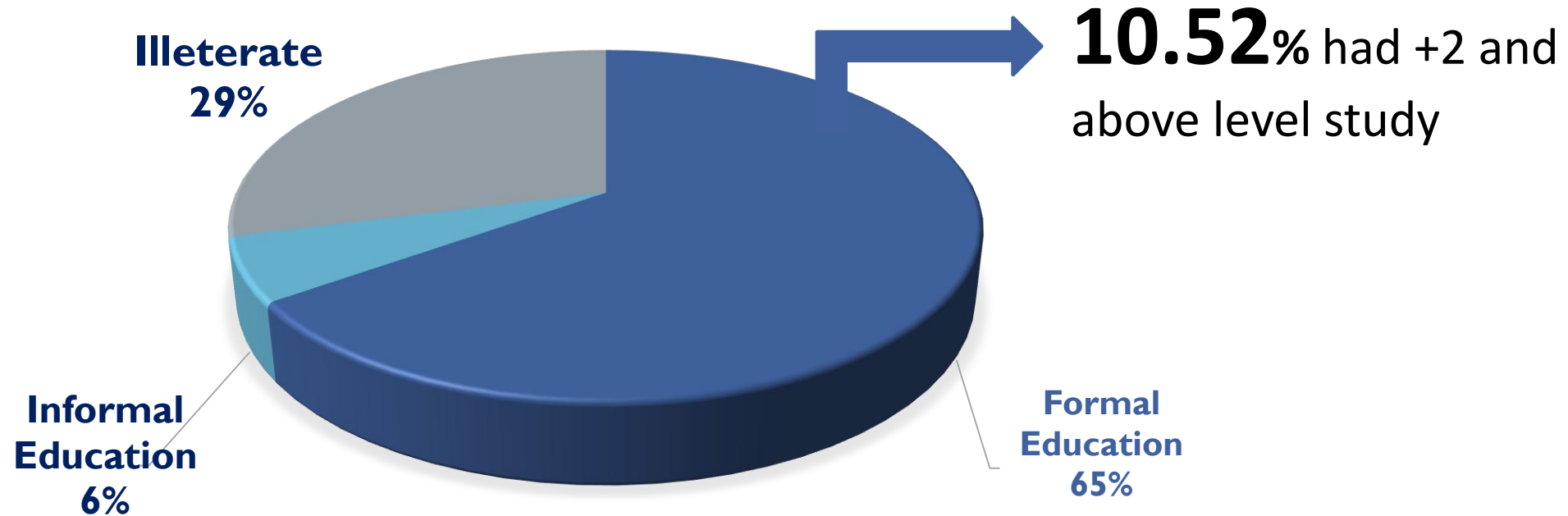


*Mean duration
of farming*

Socio-demographic Findings

Educational status

N=542



FARMING DETAILS

N=542



74.17%

Major source of family income



77.46%

Land ownership

FARMING DETAILS

N=542

90.78% *households*

*used commercially available chemical pesticides
in vegetable farming*



COMMONLY USED PESTICIDES

Multiple response

Most were from **insecticides** genre followed by fungicides and weedicides respectively.

INSECTICIDES



94.79%

FUNGICIDES



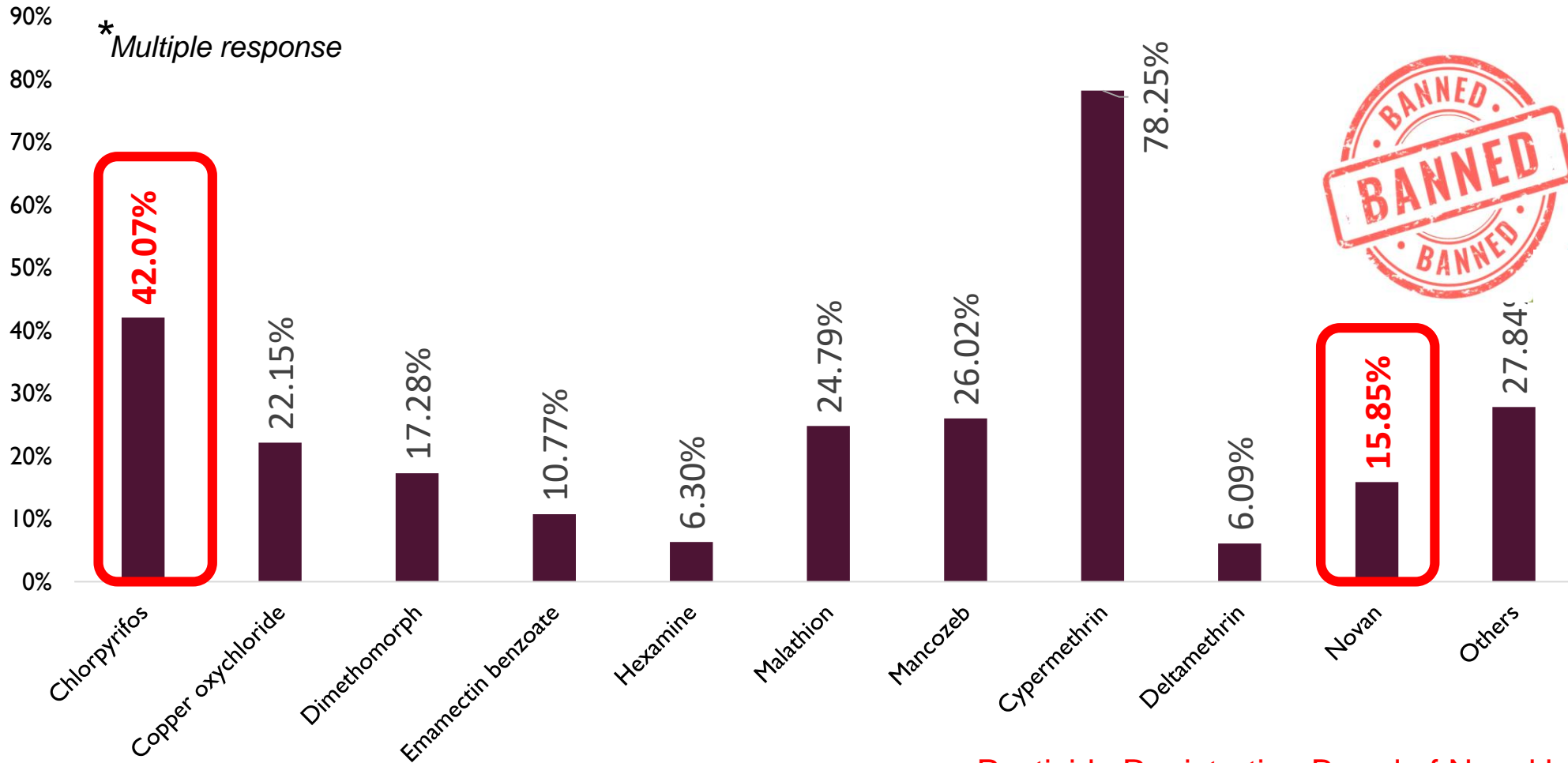
71.09%

WEEDICIDES



42.98%

COMMONLY USED PESTICIDES



Pesticide Registration Board of Nepal banned in **August 2019**



**FARMER'S KNOWLEDGE
ON PESTICIDE AND ITS USE**

Farmer's Knowledge



Community awareness initiatives on safe pesticide use



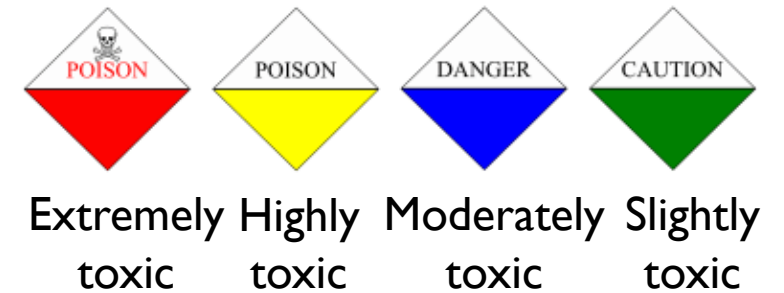
Farmer's Knowledge

N=542

N=542

70.10% still considered **Pesticides are medicines** indented to cure plants

37.82% are not aware about **distinct color coding** in pesticide container to represent its toxicity level



10.89% are not aware of the fact that pesticides **can enter into human body through skin**

Farmer's Knowledge

N=542

N=542



93.17% appreciated *importance of PPE*
in preventing from pesticide exposure

Safety Gap

Knowledge VS. Practice

Knowing



Doing



Majority (93.17%) know that PPE use is important to protect from pesticide exposure

More than **one-third** (37.16%) had poor compliance to PPE use.

Handling Practices



91.87% reported to **wash** hand with soap and water every time after spraying pesticides

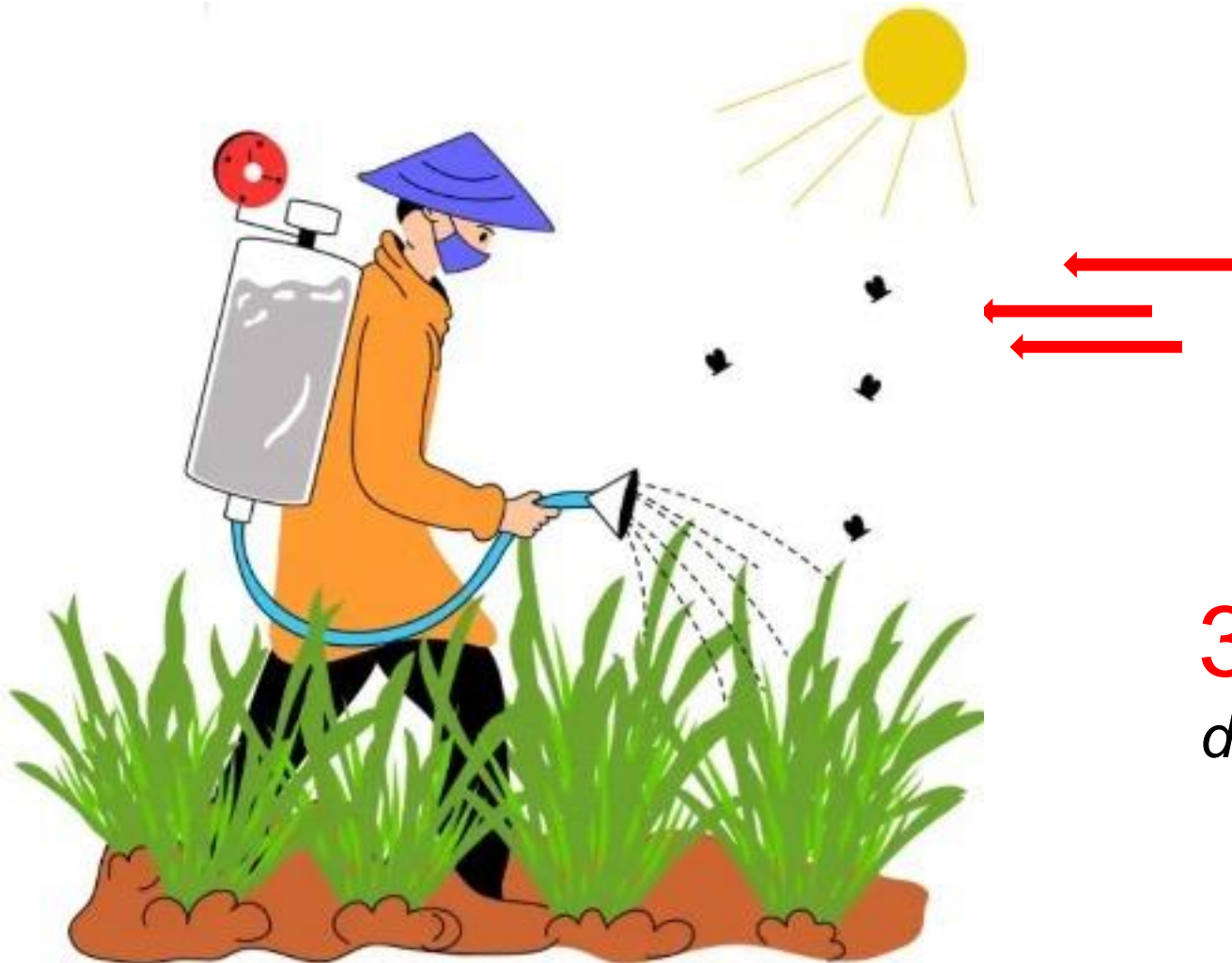
Handling Practices

*Recommended dose by
agriculture expert*



25.81% *one-fourth had
tendency to use
pesticide in **higher than**
recommended dose*

Handling Practices



31.30% *never considered wind direction while pesticide spraying*

Handling Practices



15.65%

do not adhere waiting time/
Pre-harvest interval

Vegetables were often harvested while the chemicals ingredients were still active...

Significant Factors

associated with Practices on Pesticide Use

Variables		Practices on Pesticide Use		p-value (Chi-square test)
		Good f (%)	Poor f (%)	
Education	Illiterate	59 (43.4%)	77 (56.6%)	0.003*
	Able to read and write	20 (52.6%)	18 (47.4%)	
	Basic education	100 (53.8%)	86 (46.2%)	
	Secondary education	80 (65.6%)	42 (34.4%)	
	Higher Secondary	8 (80%)	2 (20%)	
Family Income	≤ 4,850	12 (41.4%)	17 (58.6%)	0.001*
	4,851-14,550	28 (34.6%)	53 (65.4%)	
	14,551-24,350	54 (52.4%)	49 (47.6%)	
	24,351-36,550	62 (57.4%)	46 (42.6%)	
	36,551-48,750	42 (57.5%)	31 (42.5%)	
	48,751-97,450	50 (68.5%)	23 (31.5%)	
	≥ 97,451	19 (76%)	6 (24%)	
Land Ownership type	Self-owned	194 (51.3%)	184 (48.7%)	0.039*
	Rented	8 (53.3%)	7 (46.7%)	
	Both	65 (65.7%)	34 (34.3%)	

* 0.05 level of significance



SELF-REPORTED
ACUTE HEALTH EFFECTS

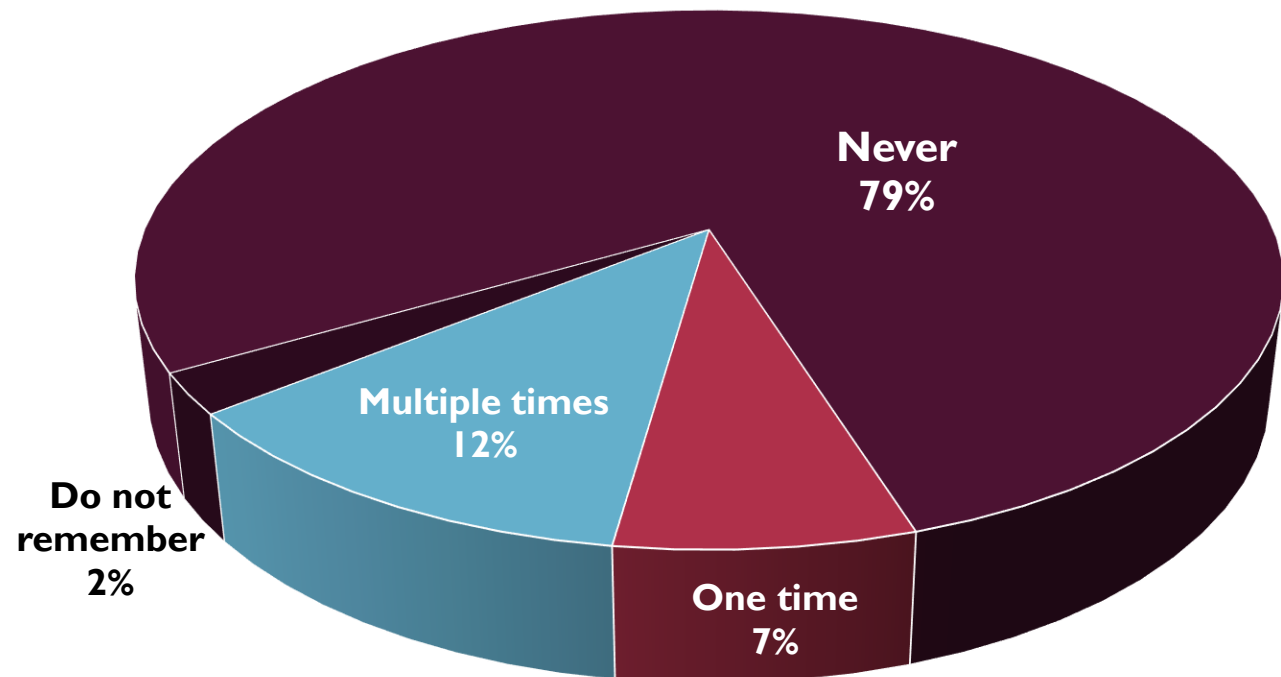
Perceived Health Effects

Illness reported within 48 hours after pesticide use

N = 542

19% farmers

reported of at least one episode of acute health issues in the previous 12 months



Perceived Health Effects

Top five acute health issues

N = 103

Multiple response



Headache dizziness

86.17%



Watering eyes/red eyes/blurred vision

31.91%



Nausea/vomiting

22.31%



Skin irritation/rashes

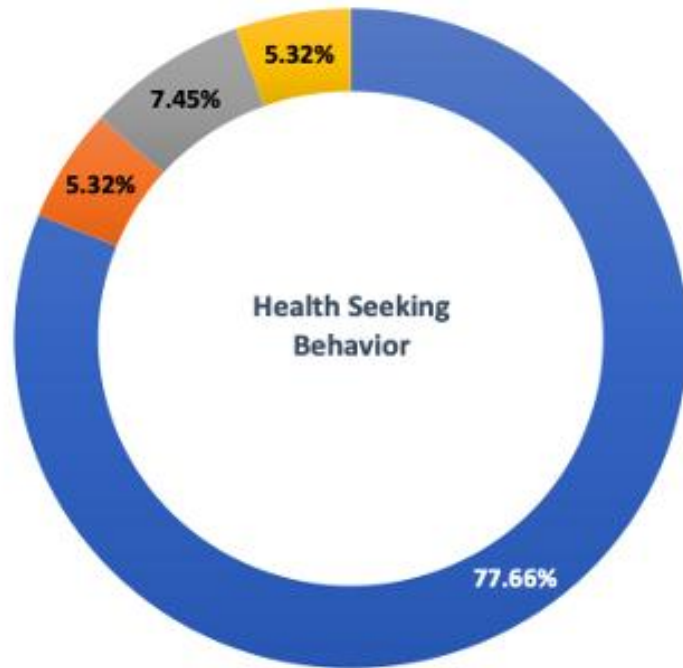
21.28%



Weakness

13.8%

Health-Seeking Behavior



- Rest at home
- Took medicine on my own
- Took medicine on advice of the chemist
- Went to nearby health institution

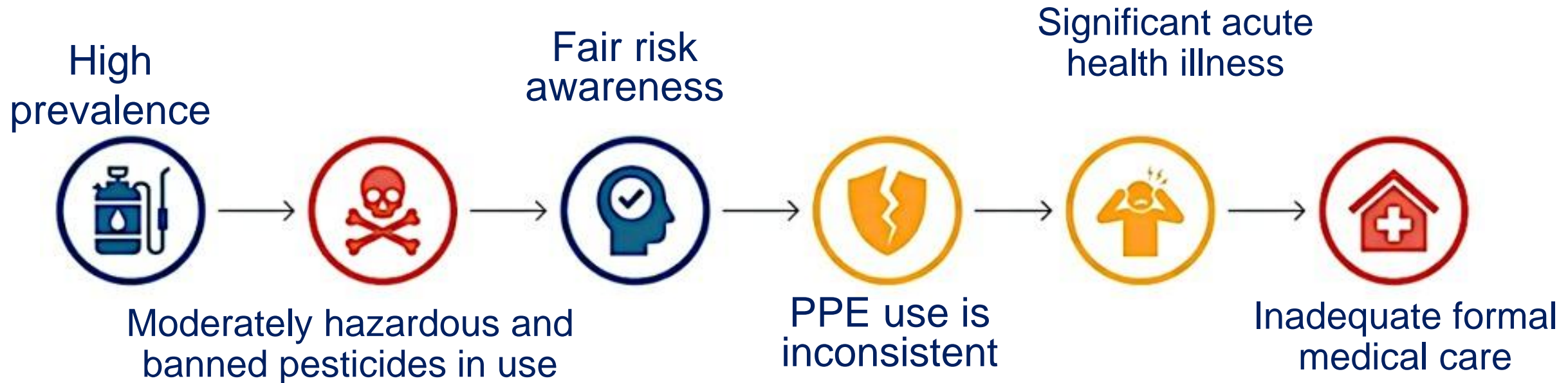
77.66%

**REST AT HOME
INSTEAD OF
SEEKING
MEDICAL
CARE**

Only **5.32%** who
experienced symptoms
visited a health institution



Take home message



Acknowledgements

- ❑ Department of Community Health Sciences, PAHS
- ❑ University Grant Commission, Nepal
- ❑ Thaha Municipality, Ward Chairpersons, Agriculture Technicians
- ❑ Farmers and Local Stakeholders
- ❑ PAHS MBBS Batch XIIth students
- ❑ Mr. Chiniya Lama, Ms. Kweta Bista



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5. Jambari, N.S.A., Samad, N.I.A., Anua, S.M., Ruslan, R., Hamzah, N.A. (2020). Knowledge, attitude and practice (KAP) on pesticide exposure among farmers into Kota Bharu, Kelantan. *Malaysian Journal of Medicine and Health Sciences*, 14(11), 56-62.
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*Selected references only

If you ate today, let's be thankful to our farmer...

नयाँ वर्ष

२०८३

को शुभकामना



Thank You!

BIO-BRIEF



- Mr. Ajay K. Rajbhandari is an Associate Professor in Department of Community Health Sciences, School of Medicine, PAHS
- He is also a visiting faculty at various academic institution including Kathmandu University, Institute of Medicine and Nepal Open University
- Being University topper in MSc Environmental Science, was honored with *Mahendra Vidya Bhusan 'Kha'* in 2004