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SCHOOL OF MEDICAL SCIENCE DHULIKHEL MEDICAL INSTITUTE DHULIKHEL, KAVRE.

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A STUDY KNOWLEDGE AND PRACTICE ON HIV/AIDS AMONG BARBERS OF DHULIKHEL & BANEPA

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KNOWLEDGE AND PRATICE OF STUDY ON HIV/ AIDS AMONG BARBERS OF DHULIKHEL & BANEPA

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Khemraj shah General medicine

List of abbreviations

AIDS- Acquired Immune deficiency syndrome DH- Dhulikhel Hospital

DMI- Dhulikhel Medical Institute

HIV- human immune deficiency virus

KAP- knowledge attitude practice

KU- Katmandu University KTM- Katmandu

MOH- Ministry of Health

RX- treatment

STDs- Sexually transmitted disease VDRL- Venereal Research Laboratory Disease

WHO- world health Origination

UNAIDS- United Nations Agency for International development

INGO- Non Government organization

HMG\N-His Majesty's Government Nepal IDUs-injecting Drug users

IEC- Information education and communication

RCA- Rapid community Assessment

VCT-Voluntary counseling and testing

GOVT- Government CSWs- Commercial sex workers

CSWs- Commercial sex workers

ADRA-Adventist development and Relief agency

Abstract

This study was carried out to assess the knowledge, and practice of barbers among towards on HIV|AIDS in Dhulikhel Banepa. Fifty barbers was selected in Dhulikhel, Banepa who were presented at their shop in study time, Therefore, fifty quistionnarie were taken by interview with each person.

The Demographic data is shown in table.

About 80% of barbers have heard about HIV/AIDS. Radio was the most common source of information i.e 67% followed by Newspaper 23%, health worker 5% and 5% training respectively.

Regarding the mode of transmission about 65% of the barbers reported that HIV/AIDS can be transmitted by unsafe sex (sex with out condom) followed by 25% by blood and blood related products, infected person and from needle syringe, blades and equipment used by infected person

About the knowledge regarding spread of HIV/AIDS of barber reported 68% bedbug mosquito, followed by 16% dancing, shaking and 16% coming contact with sweats. About 65% barber know mostly likely people of HIV/AIDS prostitution followed by 25% unsafe donating blood (before not test blood) and 10%drug used.

About the knowledge regarding prevention 65% of barber reported that to use condom followed by use blood after lab test 25% and 10% sterile blades.

About the practice of sexual behavioral 26% barber have multiple sex partner, 78% of barber were married and 22% of barber unmarried. Among them 38% barber use condom prevention of HIV|AIDS .62% barber don't use condom while doing sex. All the respondents use sterilize blade and never reuse the blade for their clients.

CONTENT

Introduction	l
1.1 Background	1
1.2 Global overview of the Epidemics	ì
1.3 The AIDS scenario in Nepal	2
1.4 Problem statement	2 3
1.5 Objective of research	4
Literature review	5
2.1 HIV\AlDS in Asia	5-7
2.2 Ministry of Health National Center for AIDS and STDs	_
Control Teku KTM May31 2006	8
Research Methodology	9
3.1 Study design	9
3.2 Limitation of study	9
3.3 Content validity& reliability	9
3.4 Ethical considerations	9
Results	10
4.1 Demographic data	10-12
4.2 Source of information regarding HIV AIDS	13
4.3 Knowledge of transmission	13-14
4.4 Knowledge of prevention	15
4.5 Sexual behavior (practice)	16
4.7 practice of condom	17-19
Discussion	20
Conclusions	20
Recommendation	20
Reference	21
Appendix	22
a) Questionnaire in English version	22-23
b) Work plan	24

1. Introduction

Background;

In human history there is little disease which is perhaps as feared and despised as the disease, AIDS (Acquired Immune Deficiency Syndrome).

The means of AIDS is with us and there is no way to escape from it. The Human Immune deficiency Virus (HIV) pandemic is affecting all nations and Nepal is no exception. In 1988 six Years after the discovery of this virus the first HIV infected person was detected in Nepal (Subedi et al. 1994). AIDS is currently the most dreaded public health problem in the World. AIDS has been variously known as a described using military metaphor of Wars and Weapons (Son tag, 1991 and 'queer' disease (Patton 1990) and 'Abnormal' illness (Gorna, 1996) and 'slim disease' and is often described as a fatal illness caused by a retrovirus known as the Human Immune deficiency Virus (HIV) which breaks down the body's immune system Among the special feature of HIV infection is the expectation that once infected, it is probable That a person will be infected for life. The term AIDS referred to last Stage of the HIV infection.(1 2 3 4 5 6)

AIDS has become one of the greatest challenges facing mankind today. And is perceived as a dreaded public health problem in the world .AIDS. Is an infectious disease Spread by a virus. It is called syndrome because it Consist of several sign and symptoms. To know AIDS, in all its manifestations has become a challenging task for global clinicians.(2 6 7 8)

Global epidemiological studies have shown that the virus Spreads from Unsafe sexual contact, intravenous drug users, commercial sex —Workers And migrant labours and infected mother to child, etc. There will be a decline in the number of people in the age group 0-4 and 25-35 Years old. Due to deaths occurring among Young adults, young children and infants, a large number of productive of life will be lost (2 6 7 8)

Recognized as an emerging disease only in early 1980's, AIDS has rapidly

Established it self throughout the World as the Major focus of health policy,

Planners and Strategist and likely to endure and persist Well into 21st century. Trends in AIDS incidence Show Significant differences between

Different regions of the World. More than 95 percent of new cases remain in developing countries. In developing countries where vast Majority of these infected with HIV\AIDS live, the number of new cases however continues to increase (2 6 9)

The country is believed to be in an early of the epidemic. By April 1996, 351 people had tested HIV positive and 51 were diagnosed as having AIDS (10)

Global over view of the Epidemic;

HIV|AIDS, undoubtedly the unbeaten rival of humanity, the most discussed disease on a global level. AIDS was first recognized in USA in 1981. Since then, HIV|AIDS has spread throughout the World assuming The dimension of a truly global pandemic. As on December 1988, a total of

The 132,967 HIVIAIDS case were officially reported to the WHO from 177 Countries Worldwide. Considering that reported cases are only a fraction Of all cases, it is estimated that actual number of case Worldwide could be

Around are 150,000. HIV prevalence Surveys showed a gradually increasing rate of HIV infection at global level. The latest report on AIDS epidemic published by UNAIDS and WHO has put the number of people affected

By HIV at 40 million (36-46 million) are people living with HIV| AIDS, out of which 5 million people are newly infected with HIV|AIDS Global estimates report around 14,000 new HIV|AIDS infection per day (UNAIDS),(2002). The global situation of HIV|AIDS unquestioningly requires more effecting approaches to combat this epidemic. The global situation 8,000 cases deaths per day due to AIDS and I cases in deaths every 10 second. (6 11)

In Southeast Asia region, the number of reported case continue to increase and are likely to do so well into the early part of the 21st century.

According (UNAIDS 2002). It is Second highest region of HIVAIDS in the World. Analysis of these data shows that more than 90 percent cases

Are in reproductive and productive age group. The first patient with AIDS was diagnosed in Thailand 1984 and HIV infection in most other south East Asia Countries were reported in 1986 or later. (6 12 13 14)

The AIDS Scenario in Nepal;

The first case in Nepal was documented in 1988 (Subedi et al; 1992). Since

Then there has been a steady increase in the number of HIV carrier and AIDS cases. The Surveillance data concerning the AIDS Epidemic in Nepal

Are Scarce. As on the May31, 2004, (HMG's-MOH) has reported 747cases of AIDS and 3765 HIV infections. Given the existing medical and public health infrastructure in Nepal and lack of counity in national HIV|AIDS

Surveillance system, it is very likely that actual number of cases in many times higher. Consequently, HMG has recognized HIV|AIDs as a priority

Issue and has recently established national AIDS council. The council with

Representation from government, non government organizations and civil society will advocate for active participation of all strata of society in the fight against the epidemic. (2 6 10 13 14 16 17)

According to this report in Nepal, HIV|AIDS is prevalent in age group

(20-21), the main route of the HTV transmission in Nepal is through heterosexual contact 9Subedi et al; 1994). This is fuelled by the poor socioeconomic status of the majority of people, which among other consequences leads people especially men, to look outside their home area.

According to estimate there are about 1.5to 2 million Nepali people who work outside the country, 1 million or more people alone in different parts

Of India in search for temporary work. (2 3 4 5 7 13 14)

Problem statement

HIVAIDS is now rapidly spreading in Asia, including Nepal. It is generally agreed, that until a vaccine or biomedical effective therapy for aids is discovered, the only practical tool available to stop the spread of HIV infection in behavior change through information, Education, Communication (IEC) and counseling, Educational campaigns aim at changing or modifying risky behaviors and promotion of safer alternatives. HIV/AIDS a threat to them personally and to the community at large. A few recent news headlines picked up from some of the vernacular dailies are sufficit to give an indication of the extant of the epidemic. "11 AIDS patients in Kavrepalanchock", "54 AIDS patients in Jhapa", "263AIDS patients in Rupandehi", "1700AIDS patients Dharan", 8 deaths from HIV/AIDS in 3 wards of Dhading VDC of Parbat", "18 death from AIDS and 15 infected by HIV in Baglung","30 infected by AIDS daily in Nepal". It shows that there possibility it more high risk group in Dharan, Sunsari district. (2.9.18)

OBJECTIVE

General objectives

To assess the Knowledge& Practice about HIV|AIDS among the Barbers.

Specific objectives

- To asses the Knowledge about transmission of HIV/AIDS among Barber.
- To identify the Practice related to HIV|AIDS prevention under-taken by Barbers.

Data Collection;

Structured questionnaire was used for data collection.

Data Analysis

- Data was collected from 50 respondents of Dhukikhel &Banepa
- After data Collection the data was arranged in simple descriptive Statistic and expressed in term of percentage & frequency was presented in

different

table, chart & groups.

Variable

<u>Dependent variable</u> - Knowledge & practice <u>Independent Variable</u> - Age, Education, Work experience,

2. LITERATURE REVIEW

南IV/AIDS IN ASIA

SOUTHEAST ASIA

The center of gravity of the AIDS epidemic is shifting from Africa to Asia home to half of the world population WHO estimates that about 7.4 million people (range 5 - 10 million) are living with HIV. Around half of a million are believed to have a died of AIDS in 2003, and about twice as many 1.1 million became newly infected (2.19.20.)

The main transmission routes are multi partner's sexual contact and iv. Drug abuse (Der Spiegel, 1993; World Bank, 1996; Mills; 1994)

Thailand was the first country severely affected by the HIV epidemic (Weiniger et al., 1991). (2 19 20)

A huge commercial sex industry promoted by sex tourism and social conventions that males should be experienced at marriage facilitated the Spread of HIV (Van Landing gham et al, 1993, Nopkessom et al, 1993). The other heavily effected countries of the region are India, Cambodia and Myanmar.(2 19 20)

Asia is faced with a narrow window of opportunity to prevent AIDS from having a more severe impact on the region. With (960%) of the World's population. Asia is home to some of the fastest growing AIDS epidemic in the world. This is primarily due to sharp increases in HIV infection in china, Indonesia and Vietnam, which together make up close to (50%) of Asia population. (2 6 19)

The region includes the world's most populous countries-China and India With 2.25 million people between them. In both countries, National HIV prevalence is low; (0.1%) in china and between (0.4%) and (1.3%) in an India. Bit closer focus reveals that both have extremely serious epidemic

In a number of providences, territories and states. (2, 19)

In china

10 million people may be infected with HIV by 2010 unless effective. Action is urgently taken. The virus has spread to all 31 provinces, autonomous regions and municipalities, yet each area has its own distinctive epidemic Pattern. For example, in xinjiang, HIV prevalence among injecting drug users is (35.8%). In areas such as anhui, Henan and Shandon, HIV gained a foothold in the early 1990s among rural people who were selling contaminated blood.(2 6 19 21 22)

India

Since may 1986, when the first AIDS cases in India was rerorted, 440 Cases of AIDS were found by September 1993 (Nag. 1994). India has the Largest number of people living with HTV outside South Africa estimated At 5.1 million in 2003. Most infections are acquired sexually, but injecting drug use dominates in the northeast of the (60-75) % have been found among

injecting drug users using non sterile injecting equipment. In India's southern states of indhra Pradhesh, Karnataka, Maharastra and Tami Nadu, HIV is transmitted through interest sexual sex, and is largely linked

To sex Work. According to selected surveys, more than half of sex Workers

Are HIV-positive. In all four states, infection levels among pregnant women

Are HIV-positive. In all four states, infection levels among pregnant women in sentinel antenatal clinics have remained roughly stable ay more than 1 %. This suggested sex worker's clients may have passed HIV to their Wives (2, 23).

In many parts of India, HIV transmission through sex between men is also a major concern. Research shows some men who have sex with men may also have sex with Women. In 2002, behavioral surveillance in five cities among men who have sex with men found (27%) reported being married, or living with a female sexual partner. HIV Knowledge is still scant and incomplete in India. In a 2001 national behavioral study of nearly 85,000

People, only (75 %) of respondents had heard of AIDS, and rural women's AIDS awareness was particularly low. (2 6 23)

In 2003, Pakistan had it first outbreak of HIV infection among its injection drugs users. In a small rice growing town in Sindh province, (10%)

Of 175 injecting drug users tested HIV positive. A behavioral survey in

Quetta found that a high proportion of respondents used non-Sterile

Injecting equipment; and more than half said they visited sex Workers. Few hand heard of AIDS, and even fewer had ever used a condom.

Pakistan currently has an estimate about prevalence of (0.1%),(2.23)

Cambodia, Myanmar and Thailand are experiencing particularly serious

Epidemics Cambodia's national HIV prevalence is around (3 %) the highest recorded in Asia. Data suggest this countries epidemic has gone through dramatic changes through for instance, infection among brothel-based sex

Workers fell from (43 %) in 1998 to (29%) in 2002 however, the picture

Of Cambodia's epidemic is incomplete; little has been done to monitor the epidemic among drug users, or men who have sex with men above (15%)

When last measured in 2000.(2 13)

In Thailand, the number of new infection has fallen from 1, 40,000 in 1991 to

Around 21,000 in 2003. This remarkable achievement came about became men used condoms more and also reduced their brothel visits. But this drop in Commercial sex patronage is accompanied by an increase in extra-marital and causal sex. Young Thai women also appear more likely to engage in premarital sexual relation than earlier generations Behavioral surveillance between 1996 and 2002, Shows a clear rise in the proportion of sexually active, secondary school students. It also shows consistently low level condom use.(2 13 19)

Evidence also suggests Thailand's epidemic is now spreading among

The partners and spouses of sex Worker's clients. As well as among marginalized sections of the population, such as injecting drug users and migrants. Infection rates

among men who have sex with men and injecting drug users remains high, due to inadequate coverage of preventation activities. In Bangkok, more than (15%) of men who have sex with men who

Were tested in a 2003. Study were HIV-positive, and (21%) had not used condom with their last causal partners (2 23).

Viet Nam has one of the region's newest epidemics. National HIV prevalence is still well below (1%), but in many provinces, sentile Surveillance has reveled HIV levels of (20%) among injecting drug

Users. Unsafe sex in also a concern in this region. In major cities, in 2002, prevalence levels of (8 to 24 %) were reported among sex workers.(2 23)

Six of Indonesia's 31 provinces are particularly badly affected by AIDS.

The country's epidemic is driven largely—by drug injecting with contaminated needles and Syringes. HIV prevalence among its

125,000-196,000 injecting drug users has increased threshold

From (16to 48) % between 1999 and 2003. Indonesia's drug users are

Also roughly arrested and sent to jail. In early 2003,(25%0 of inmates In Jakarta's eipinang prison were HIV- positive (2 20 21 22)

In Indonesia, there is strong evidence that various injecting drug user And sexual networks overlap significantly, thus creating an Ideal environment for HIV spread. In the past two years, some area have recorded sharp increase to levels as high as (8 to 17). In Jakarta, HIV prevalence among transgender sex Workers also rose from (0.3%) In 1995 to nearly (22%) in 2002. (2 20 21 22 23)

The Asian epidemic is fuelled by injecting drug use, sex work and sex Between men failure to target population at higher risk of HIV exposure Today means the region will face a full fledged epidemic for years to come.(2.23.)



Ministry of Health and Population National Center for AIDS and STD Control Teku, Kathmandu

Cumulative BIV and AIDS Situation of Nepal As of May 31, 2006

Condition	Male	Female	Total	New Cases in May 2006
HF. Positives (Including AIDS)	4782 w f	ا پر (353	6650	207
AIDS (out of total HIV)		286	1047 *	12

Sub-groups	Male	Femule	Total	New Cases in May 1996
Sex Workers (SW)		1 613	518	!
Ments of SWs.STD	3270	103	3377	
Housewives		1050	1450	h2
Cloud or organ receipients	: 3	1 1	i	·
Intecting Drug Use	1790	22 . !	[4(5 **	53
Theláren	114	-3	:s= i	;÷
Total	4782	ts68	o650 ;	297

Age group	Male	Female i	Yotal	New Cuses to May 1906
14 Years	49	32	- 31	'9
Ş-PT(carş		3-	31)	<u> </u>
13-14 V a pa		1 12		· · · · · · · · · · · · · · · · · · ·
15410 Years	192	193	335	:
114 Magra	451	1 492 i	1005	. 14
25-29 Yews	1731	494	1665	
30-39 Years	1391	524	2425	
20-20 Years	170	120	523	25
50- ibeve	39	25	:12	
Total	4782	1863	6650	207

Death - 322 (New death cases in May 2006 - 11)

Source of May 1986 data: National Public Health Laboratory, Teku: Teku Hospital, Teku: National Center for AIDS & STD Coursel: SACIS FCT, Thapathail, Youth Vision FCT, Putalisasak: ADRA FCT, Bancpa; N-SARC FCT, DFD-Bheri Zonal Hospital, Nepalgunji INF Pilawa, Poskara; Naulo Ghumti-Nepal, Pokhara; HASTI-AIDS, Accham; District Hospital, Manyalsen, Acchain: SPARSIIA Nepal, Kridpur; Waling PHC VCT, Syangja; AMDA-Nepal STI and VCT, Hetanda; NNSW,t STINCT, Kanchanpur; Mahakali Zonal Hospital (MZII), Kanchanpur; KYC VCT, Dharan

[&]quot;Mode of Transmission - IDU or Sexual

⁽Data include reports from sentine) surveillance sites, and voluntary confidential testing centers.)

3.RESEARCH METHODOLOGY

STUDY DESIGN- a Cross-sectional Descriptive study

Ouestionnaire

The main was interview Technique, Structured Question-answer in Nepali language Operational Definition

Knowledge-knowledge referred to the correct response to understanding of a fact or commonly accepted research or clinical finding

Practices- a practices signifies individual or behavior pattern. Behavior of barber in which in related to HIV!AIDS transmission and prevention.

Study population

The study population was comprised all Dhulikhel & Banepa who were attending in this shop. There were selected simple Random Sample size-50

Sample method and data collection as each individual barber asked Questionnaire; interview Technique, to all barbers who was Present in the respective shop on that day.

Limitation of Study Time, places, was limitation

Content validity and reliability

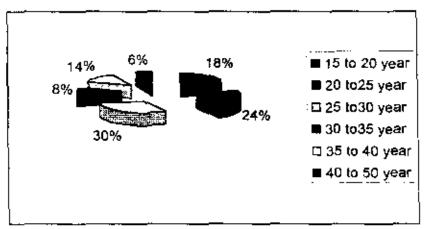
- To evaluate the content validity of the instruments the questionnaire was discussed with experts then accordingly to there suggestion some items was modify and add.
- <u>Pilot study</u>- The questionnaire was pre-tested on5 barber of Dhulikhel.
 Adjustments and changes was mode accordingly in order to improve the
 quality of the data. Looking at all the above points despite a number of
 limitations. It seems was justify to assume that the results of this KAP study
 was Valid and accurate to at least satisfactory extent.

Ethical considerations

The name of the respondents and their response was kept confidential and data was used for the purpose of research Work only as for the partial fulfillment of General Medicine course. No one was forced to parcipated in this study.

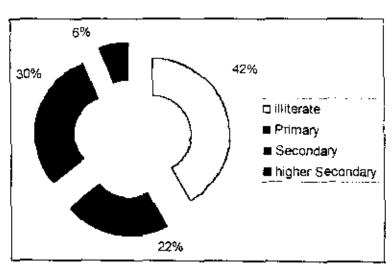
FINIDING

Age wise Distribution (n=50)



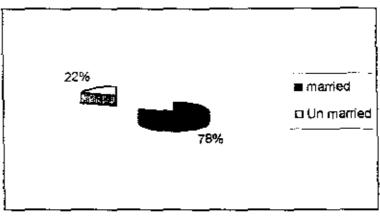
Among the respondents 30 % barber were of 20 to 25 year 24% of 15to 20 years, 18 % of 35to 40 year 14 % of 30 to 35 years 8 % of 40 to 45 year 6 %.

Educational Status (n=50)



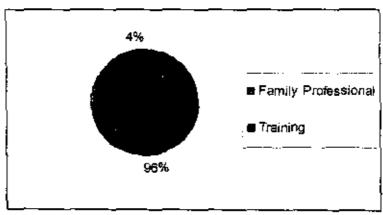
42 % of barbers were illiterate, 30 % had primary level of schooling, 22% secondary and 6 % higher secondary.

Marrital Status (n=50)



Most of the Barber i.e 78 % were married.

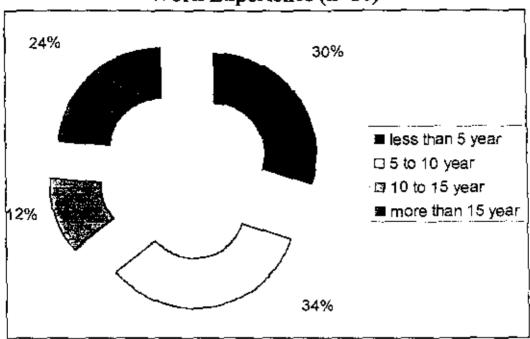
Profession (n=50)



Most of the Barber i.e. 96% has adopted their job as part of their profession.

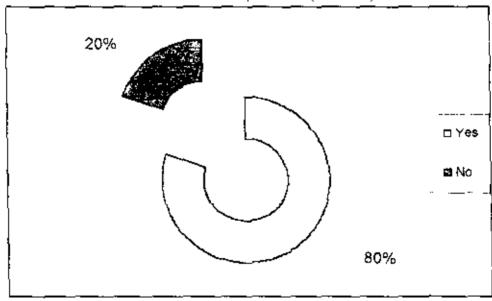
family

Work Experience (n=50)



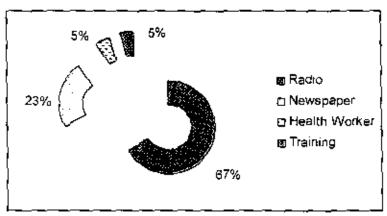
1% of the barber has the experience of more than 35 years.

Heard about HIV|AIDS (N =50)



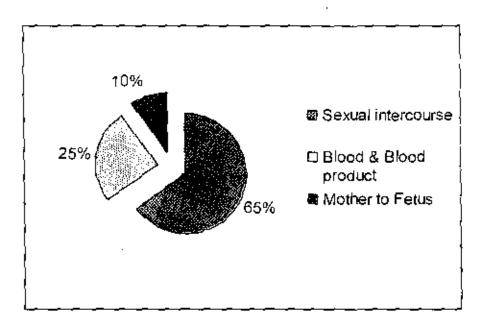
80% of barber had heard about HIV|AIDS.

Knowledge on Source of Information. (n=40)



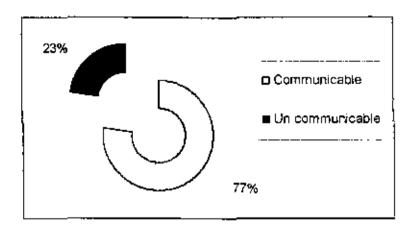
Most of the barber i.e 67% has heard about HIV/AIDS from radio.

Knowledge on Transmission (n=40)



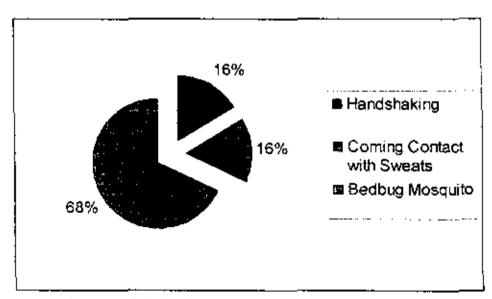
65 % of the barber believed that the mode of Transmission of HIV/AIDS is sexual intercourse, 25 % Blood & Blood product &10 % Mother to fetus.

Nature of Disease (n=40)



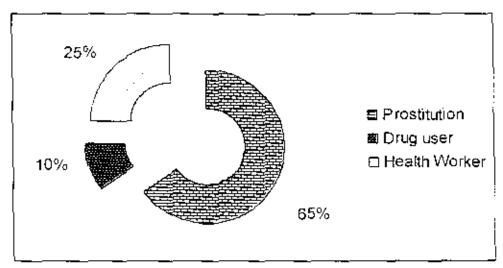
Most of the Barber 77 % knew that HIV|AIDS is Communicable Disease.

Knowledge on Spread of HIVADS (N=40)



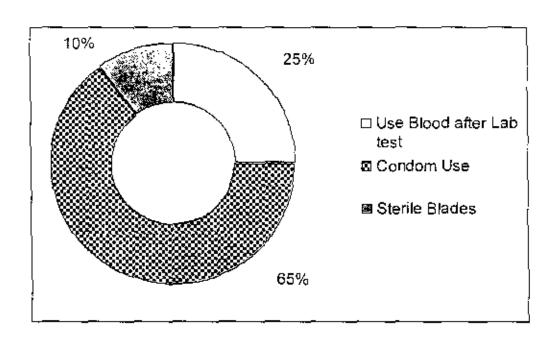
Most of them 68 % barber Bedbug Mosquito, 26 % coming Contact with Sweats & 16 %Handshaking.

Knowledge on Risk of HIV AIDS. (N=40)



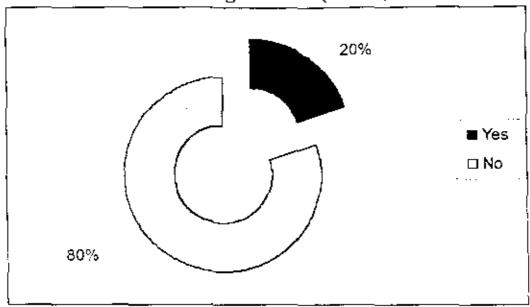
65% of barbers believed that most risk people was prostitution

Knowledge on Prevention of HIV|AIDS (N =40)



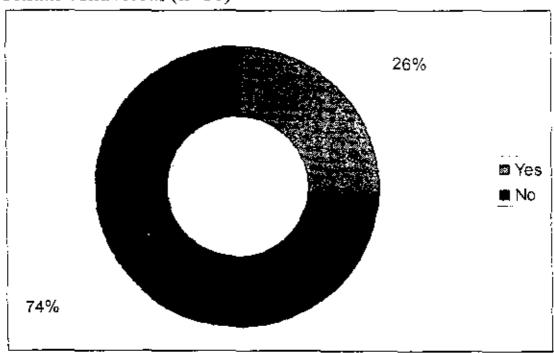
65% of barber used the condom, 25% used the blob after lab test and 105 used the sterile blades.

Knowledge of cure (N= 40)



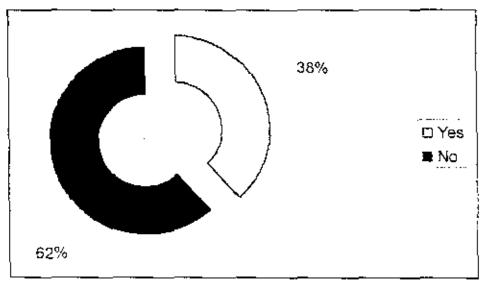
80 % of them don't know about Medical Cure.

Sexual behavioral (n=50)

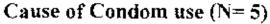


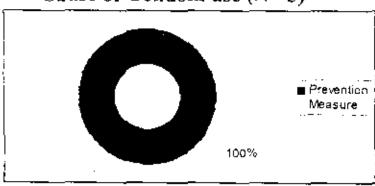
26 % of the barbers have multiple sexual partners. 16

Condom Use (N= 13)



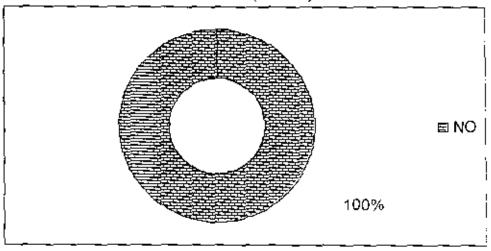
38 % of them use Condom.





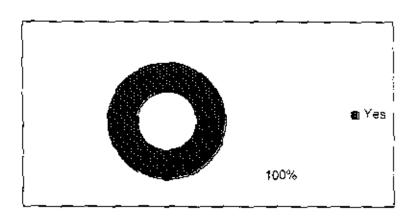
All of them use condom as preventive measure.

Use of Sterile Blades (N=50)

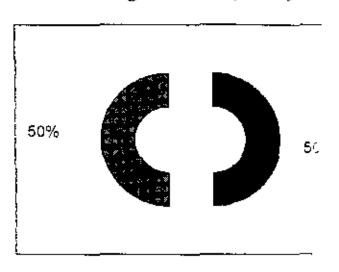


A New Blades for an individual (Disposable).

Use of Antiseptic after Shaving (N=50)



Cleaning of Razor (N=50)



Discussion

- None of them had the Knowledge about relation between STDs &AIDS.
- Most of them i.e. (68%) think HIV|AIDS can be Transmitted by bed bug and mosquito biting.
- Nether of them have got training about HIV AIDS.
- Most of the barbers (10%) know about mother to fetus transmission of HIV/AIDS.

Conclusion

- Radio & newspaper are good source about HIV|AIDS.
- Most (80%) barbers have heard about HIV(AIDS. But they don't know about the modes of transmission, and prevention.
- Only few barbers (38 %) use condom.
- All barbers use disposable blades& clean the Razor every time before using.
- Nether of them re-use the blades.

Recommendation

- Nepal Nay sung should play a vital role for prevention and control of HIV/AIDS.
 - Licensing system
 - Awareness programmer.
- NGOs & INGOs should lunch the awareness programme among barbers.

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16

Questionnaire form:

Sample no.	Barber shop name:
Name: Age: Address: No. Education level: KNOWLEDGE:	Of flow per day:
 How did you learn about cutting hairs & shaving a. Family professional. c. Other. Training. 	beard?
2. How many have you been doing this work? a) < 5yrs b) 5-10 yrs c) 10-15 yrs d) 15+ yrs.	
3. Have you heard about HIV/AIDS? a. Yes. b. No. c. if yes.	
4. From where did you get information?a. Radio/TV, b. Trainingc. Health worker d. Newspaper	
5. What kind of disease is HIV/AIDS? a. Communicable b. Non-communicable	
6. How HIV/AIDS is transmitted? a. Sexual intercourse. Yes	
7. Does HIV spreads by following a. Hugging, Dancing & shaking Yes OR b. Coming into contact with sweets Yes OR c. Bite of bed bug or mosquito Yes OR	OR No & bed share
8. What type of people more likely to get HIV/ AI Involving in prostitution Yes OR No Intravenous drug user Yes OR No Having STDs Yes OR No OR No Donating Blood Yes OR No	*****

9. How HIV/AIDS can be prevented? Use blood after lab test Yes OR No Using Condom Yes OR No during each sexual intercourse
By not being pregnant Yes OR No
Use sterile blades, needle Yes OR No
10. is there any treatment and medication of HIV/ AIDS? Yes OR No
PRACTICE:
1) Blades use in one person Yes
5) Do enjoy multiple sex partner Yes OR No
6) Do you use condom Yes OR No
7) If yes why?
a) Prevention of HIV/AIDS
b) Prevention from unwanted birth
c) Prevention from STDS
d) Satisfying sexual contact

Work Plan

Activities/Date	Jan	Feb	March	April	May	June	July
Selection of Topic							,
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Proposal Presentation				i	!		· <u>-</u>
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24