## **EPIDEMIOLOGICAL ASPECTS OF RABIES IN NEPAL**

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## Preface & Acknowledgement

Two types of surveillance studies were arried out by the team member of this centre. The one by collecting secondary informations from the identified institutions/ hospitals/ nurshing homes/ clinics/ pharmaceauticals and the public. The second one by the primary survey findings from the different hospitals/ health centres/ health posts. Survey team visited to 10 different hospitals of terai regions which are named as Mechi Zonal Hospital, Koshi Zonal Hospital, Sagarmatha Zonal Hospital, Janakpur Zonal Hospital, Narayani Zonal Hospital, Bharatpur Hospital, Lumbini Zonal Hospital, Bheri Zonal Hospital, Seti Zonal Hospital and Mahakali Zonal Hospital. All the recorded morbidity and mortality data on human post-exposure treatment cases in the hospitals were collected and analyzed at centre's computer. The team visited all the zonal veterinary hospitals of 10 zones of terai regions as well as rabies control project at veterinary complex, Tripureshwor to collect on the morbidity and mortality data on rabies animals/ exposed animals, vaccine production and supply for both animals and human use. The objectives of this survey study were:

- To conduct the epidemiological surveillance on morbidity and mortality of dog bite and contact cases in human beings from different rabies clinics of the hospitals.
- 2) To analyse the age, sexwise, monthwise case fatality rate due to rabies and post-exposure treatment along with types of anti-rabies vaccine used and its availability in the country.
- 3) To study the animal rabies surveillance in the country.
- 4) To study the anti-rabies vaccine production, procurement, demand and supply for the both human and animals.

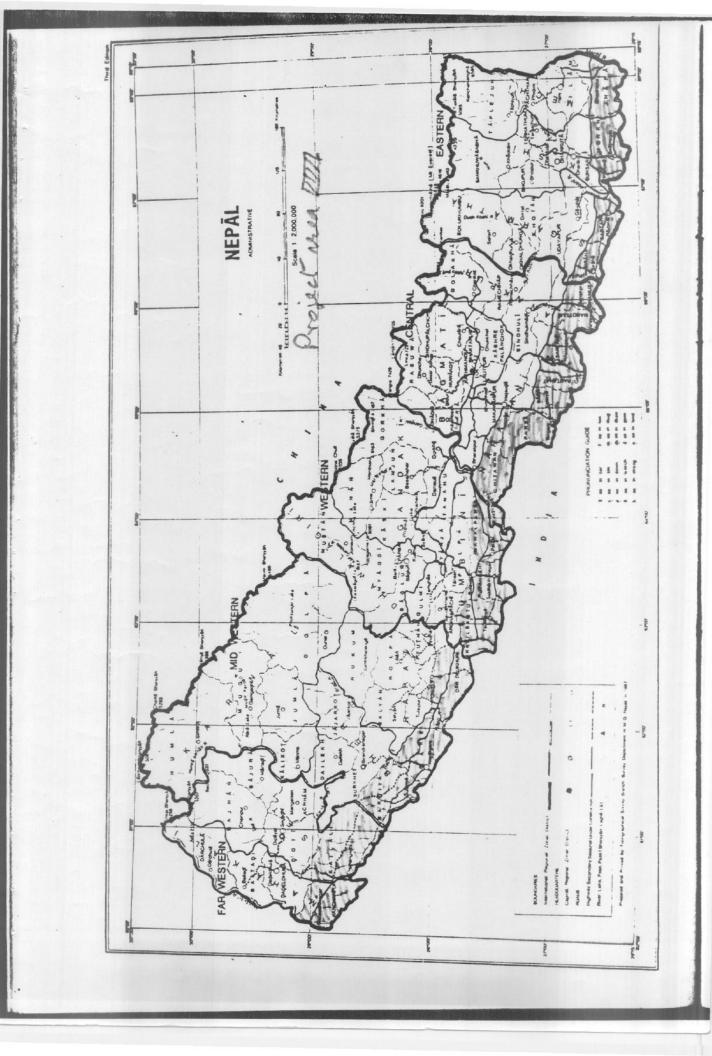
I am most grateful to the Medical Superintendents of different hospitals mainly of terai areas, Director of the Epidemiology Division, Department of Health Services, Ministry of Health, Chief of the Rabies Control Project, Department of Livestock Services, Ministry of Agriculture alongwith medical staffs working in different rabies clinics for their kind support and information provided to our team. I must thank all the staffs of this centre particularly Minu Sharma, Mr. S.P. Bhandary and Mr. Narayan Karki for their wounderful work during survey as well as report writting.

Dr. D. D. Joshi Project Coordinator

## Conversion Table from Nepali year B.S. to English year A.D.

Ne	pali Month Conversion Table					
Nepali Month	Equivalent					
Baishak	Nepali Year Begins					
	middle of April to middle of June					
Jestha	middle of May to middle of July					
Asadh	middle of June to middle of July					
Srawan	middle of July to middle of August					
Bhadra	middle of August to middle of September					
Aswin	middle of September to middle of October					
Kartik	middle of October to middle of November					
Mangsir	middle of November to middle of December					
Poush	middle December of to middle of January					
Magh	middle of January to middle of February					
Falgun	middle of February to middle of March					
Chaitra	middle of March to middle of April					

Nepali Year Conve	rsion Table
Nepali Year (Begins in Mid April)	Equivalent
B.S.	A.D.
2045	1988/89
2046	1989/90
2047	1990/91
2048	1991/92
2049	1992/93
2050	1993/94
2051	1994/95
2052	1995/96
2053	1996/97
2054	1997/98
2055	1998/99



## **EPIDEMIOLOGICAL ASPECTS OF RABIES IN NEPAL**

## Summary

Rabies is a highly fatal viral infection acting on the central nervous system of almost all warm-blooded animals. In the present epidemiological surveillance study two types of surveillance studies were arried out by the team member of this centre. The first one by collecting secondary informations from the identified institutions/ hospitals/ nurshing homes/ clinics/ pharmaceauticals and the public. The second one by the primary survey findings frome the different hospitals/ health centres/ health posts. Survey team visited to 10 different hospitals of terai regions which are named as Mechi Zonal Hospital, Koshi Zonal Hospital, Sagarmatha Zonal Hospital, Janakpur Zonal Hospital, Narayani Zonal Hospital, Bharatpur Hospital, Lumbini Zonal Hospital, Bheri Zonal Hospital, Seti Zonal Hospital and Mahakali Zonal Hospitals were collected and analyzed at centre's computer. The team visited all the zonal veterinary hospitals of 10 zones of terai regions as well as rabies control project at veterinary complex, Tripureshwor to collect on the morbidity and mortality data on rabies animals/ exposed animals, vaccine production and supply for both animals and human use.

Human rabies Hydrophobia death cases reported in Kathmandu ranging from 15 to 20 every year and 120 to 200 death cases during 1991 to 1996 in Nepal every year. It has been observed that almost 100% animal bite to human is from dog (both pet and stray dogs). Dog bites cases are more during December to March months of the year. This could be because of littering period of the dogs and also breeding period. This is the time when there is more contamination and contact of the pet, community and stray dogs. If one dog is suspected rabies then it can infect easily other dogs during this period. Although there is no such distincts demarcation in the number of human patients bitten by suspected rabid dogs and other animals. Dog bite cases are more in children than adult, among children also male are more prone to dog bite than female.

In Nepal first time phenolised sheep brain Rabies vaccine production for use in animals was started by then the Central Veterinary Laboratory Tripureshwor, Kathmandu in 1970. In those days only few thousand mililitres of Vaccines were produced annually. The demand for the Rabies vaccine is increasing every year. Considering the zoonotic value and fatalness of the Rabies disease a separate Rabies control project office was established by His Majesty's Government in 1981. Production of 5% BPL inactivated semple type Rabies vaccine for human use was initiated in 1982. This vaccine was tested for its potency and quality by WHO Rabies Reference Laboratory, Kasauli, India and Pasteur Institute Paris, France and was certified for human use<sup>25</sup>. During F.Y. 1984/85 to 1998 a total of 6,145,420 ml. at % BPL inactivated Rabies Vaccine was produced was supplied free of cost to the Dept. of Health Services according to agreement. This vaccine cost would be Rs. 21,18,300 at the rate of Rs. 2.00 per ml. Sheep brain anti-rabies vaccine Production (ml) F.Y. 1984/85 to 1998.

In Nepal Animals Reservoir for Rabies are ,dog, cat, jackal, monkey, rodents and others. About 94% of the bite and contact is from dogs (pet, community and stray dogs). The total population of dogs in Nepal is 1849110. The detail human and dog population ratio and region and districts wise dog population is mentioned in seperate section 4.5 of this report.

It is Necessary and most urgent to take actions by His Majesty's Government of Nepal and concerned institutions to implement all the RECOMMENDATIONS Made And Proposed By The FIRST NATIONAL SEMINAR ON RABIES, which was held on 17-22 November, 1985, Kathmandu.

## **EPIDEMIOLOGICAL ASPECTS OF RABIES IN NEPAL**

## 1. Background

## 1.1 Background Information on Nepal

Nepal is a land-locked country bordered by China to the north and India to the west, south and east. It's dimensions are roughly 885 km (east to west) by 193 km (mean width) with a total land area of 147,181 km². Politically, Nepal is divided into 5 developmental regions, 14 zones, and a total of 75 districts. The population was 18,491,097 in 1991 and is growing at a rate of 2% a year. For such a small country, Nepal is a land of extremes, and can be divided into 4 main geographic regions. The Himalayan Mountain region in the north contains the worlds tallest peak, Sagarmatha (Mt. Everest) at 8,848 meters, and 8 of the worlds 14 highest peaks. In sharp contrast is the lowland Terai region to the south, which ranges in altitude from only 100 to 300 meters above sea level. The other 2 geographic regions are the hill region, which includes the Siwalik and Mahabharat ranges, and Valley region, which includes the Kathmandu and Pokhara Valleys. The Terai region is the primary agricultural region of the country and has a hot tropical climate with high seasonal rainfall and lush natural vegetation (see Nepal map).

## 1.2 Epidemiological Background on Rabies

Rabies is a highly fatal viral infection acting on the central nervous system of almost all warm-blooded animals. It has taken its toll in both human and animal lives. At present, rabies has become an important international epidemiological and ecological problem affecting public health, agriculture, forestry and hunting. Rabies constitutes serious loss to the livestock industry 1,2,6,30,31,32,33. Most of the countries including Nepal affected by the disease. Underreporting may be due to difficulties in establishing the number of deaths, confirming it in the laboratory or due to inaccurate clinical diagnoses. Bovine rabies is of great concern, since cattle losses have a tremendous economic impact on the livestock industry. This centre has carried out surveillance studies on rabies in Nepal during the year 1997/98. This centre has also conducted a study on the socio-economic aspects of rabies in the human population in Nepal. Human post-exposure treatment cases by age and gender for rabies during the year 1996/97 is mentioned in the table. It has been observed that 94% human bites are from dogs. Contact with suspected rabid animals (including dogs and other animals) was 5% and the remaining 1% was from bites by other animals. In a socio-economical study, patients surveyed (565), that had been bitten by dogs and subsequently came to the clinic for post-exposure treatment. The largest group were students, with 33%. The range of cost per person for treatment US\$ 10 minimum to US\$ 100 maximum. Those people who were taking BPL Sheep Brain Rabies Vaccine paid the minimum cost.

For the first time this socio-economical survey study of the patients bitten by suspected rabid dogs and other animals in Nepal was carried out during 1996 and 1997. The survey team went out in 36 districts, 10 zonal hospitals, 14 district hospitals and 2 regional hospitals. The team visited to the rabies vaccination centres of these hospitals and asked one by one to all the 565 patients visited during survey time to the above mentioned treatment centres. Socio-economical study was carried out on the 565 patients bitten by suspected rabid animals who came to the 11 postexposure treatment centres of the country. All 565 patients were interviewed with the help of questionnaire by the study team<sup>20</sup>.

Since 94% of the suspected rabid animal bite to human is from dogs (pet dogs, community dogs and street dogs) <sup>12,13,14,15</sup>. Therefore it was essential to study the dog population ratio to human population in both urban and rural areas of the country. The team visited 11 urban areas and 10 rural areas of 5 development regions taking terai and hilly districts as a sample for the study of the country. Total 1200 people were asked about the dog population ratio of pet and street dogs. The survey team had also carried out the dog counting observation study during the study period.

It is Necessary and most urgent to take actions by His Majesty's Government of Nepal and concerned institutions to implement all the RECOMMENDATIONS Made and Proposed By The FIRST NATIONAL SEMINAR ON RABIES, which was held on 17-22 November, 1985, Kathmandu. These strategies are still valied to be emplemented by the government for rabies control in Nepal both in human and animal population<sup>3,4,5,13,20</sup>.

#### 2. Objectives:

- To conduct the epidemiological surveillance on morbidity and mortality of dog bite and contact cases from different rabies clinics of the hospitals.
- To analyse the age, sexwise, monthwise case fatality rate due to rabies and post-exposure treatment along with types of anti-rabies vaccine used and its availability.
- 3) To study the animal rabies surveillance in the country.
- To study the anti rabies vaccine production, procurement, demand and supply for the both human and animals.

## 3. Methodology

There are two types of surveillance studies were arried out by the team member of this centre. The first one by collecting secondary informations from the identified institutions/ hospitals/ nurshing homes/ clinics/ pharmaceauticals and the public. The second one by the primary survey findings from the different hospitals/ health centres/ health posts.

## 3.1 Human Rabies Surveillance Study

Survey team visited to 10 different hospitals of terai regions which are named as Mechi Zonal Hospital, Koshi Zonal Hospital, Sagarmatha Zonal Hospital, Janakpur Zonal Hospital, Narayani Zonal Hospital, Bharatpur Hospital, Lumbini Zonal Hospital, Bheri Zonal Hospital, Seti Zonal Hospital and Mahakali Zonal Hospital. All the recorded morbidity and mortality data on human post-exposure treatment cases in the hospitals were collected and analyzed at centre's computer.

## 3.2 Animal Rabies Surveillance Study

The team visited all the zonal veterinary hospitals of 10 zones of terai regions as well as rabies control project at veterinary complex, Tripureshwor to collect on the morbidity and mortality data on rabies animals/ exposed animals, vaccine production and supply for both animals and human use.

#### 4. Results

# 4.1 Nationwide Morbidity and Mortality Statistics of Human Post-exposure Cases Against Rabies

Human rabies Hydrophobia death cases reported in Kathmandu ranging from 15 to 20 every year and 120 to 200 death cases during 1991 to 1996 in Nepal every year. This is presented in table 1 and fig. 1 & 2. It has been observed that almost 100% animal bite to human is from dog (both pet and stray dogs).

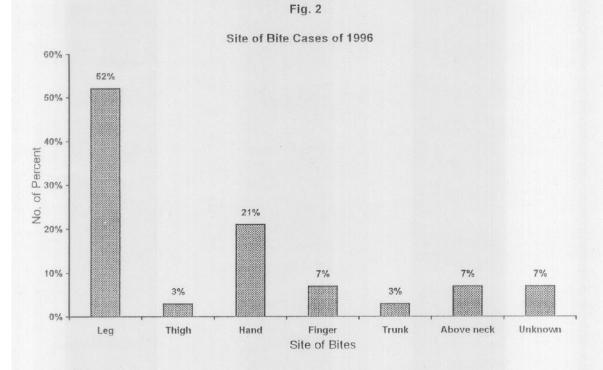
Table 1: Human rabies Hydrophobia death cases reported in Kathmandu, Nepal during 1991-1996

Description		1991	1992	1993	1994	1995	1996
Nationality	Nepalese	23	30	47	42	19	27
	Foreigners	0	0	4	7	3	2
	Total	23	30	51	49	22	29
Biting animal	Dog	87%	94%	96%	94%	100%	100%
	Cat	0%	0%	0%	3%	0%	0%
	Jackal	9%	3%	4%	3%	0%	0%
	Mongoose	4%	3%	0%	0%	0%	0%
Site of bite	Leg	35%	60%	51%	32%	55%	52%
	Thigh	0%	10%	8%	6%	0%	3%
	Hand	20%	10%	12%	22%	32%	21%
	Finger	0%	0%	4%	16%	4%	7%
	Trunk	0%	0%	0%	4%	0%	3%
	Above neck	0%	7%	12%	20%	20%	7%
	Unknown	45%	13%	13%	0%	0%	7%
Male to female	e ratio	3:01	3:01	3:01	2:01	3:01	3:01
Age group	0-14 years	40%	33%	37%	65%	77%	45%
	14+years	60%	67%	63%	35%	23%	55%

Source: Epidemiology and Disease Control Division, Department of Health Services Ministry of Health, Kathmandu, Nepal,

National Zoonoses Surveillance Report 1997

Fig. 1 Yearwise Site of Bite Cases □ 1991 ₪ 1992 60% □ 1993 **1994** 50% 間 1995 ₪ 1996 40% No. of Percent 30% 20% 10% 0% Leg Thigh Hand Finger Trunk Above Unknown neck Site of Bites



Hospitalwise Human Post-Exposure Treatment Cases Against Rabies in Nepal Year of 1996 is presented in table 2. Dog bite cases are more in children than adult, among children also male are more prone to dog bite than female.

Table 2: Hospitalwise Human Post-Exposure Treatment Cases Against Rabies in Nepal Year of 1996

		=			Source	Source of Exposure to Rabid Animals	e to Rabid A	nimals				
Hospital		Dog	Dog bite			Dog	Dog contact			Other ar	Other animal bite	
	>15	>15 years	<15	<15 years	>15	>15 years	<15	<15 years	>15	>15 years	<15	<15 years
	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
Mechi	174	111	317	153	80	1	22	14	7	8	11	11
Koshi	210	80	226	77	00	14	34	22	o	00	12	5
Sagarmatha	165	44	96	76	0	0	0	0	-	0	-	0
Janakpur	373	133	379	200	0	0	0	0	0	1	0	4
Narayani	551	120	515	105	-	0	m	0	17	0	12	4
Bharatpur	106	35	160	61	21	12	69	14	9	3	64	28
Lumbini	245	103	230	120	7	0	16	9	4	15	26	00
Sheri	182	67	386	66	0	0	0	0	m	1	13	2
Seti	206	77	123	76	0	2	2	-	2	0	8	0
Mahakali	189	76	187	101	o	2	60	9	2	2	7	9
Total	2401	846	2618	1068	54	31	144	90	51	33	153	89

Hospitalwise Human Post-Exposure Treatment Cases Against Rabies in Nepal Year of 1997 is presented in table 3.

Against Rabies in Nepal Year Table 3 · Hosnitalwise Human Post-Exn

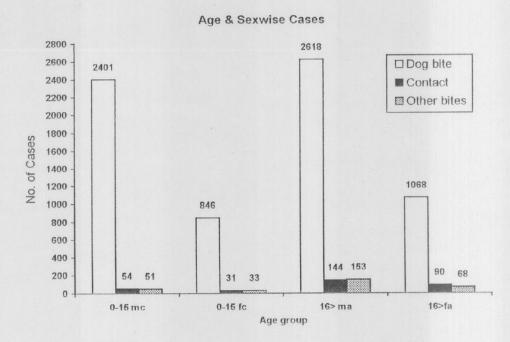
					Source	Source of Exposure to Rabid Animals	e to Rabid A	unimals				
Hospital		Dog	Dog bite			Dog	Dog contact			Other ar	Other animal bite	
	>15	>15 years	<15	<15 years	>15	>15 years	<15	<15 years	>15	>15 years	<15	<15 years
	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
Mechi	29	29	108	59	1	+	11	4	6	0	9	7
Koshi	175	67	169	71	w	1	ហ	9	1	9	თ	4
Sagarmatha	45	20	71	45	6	0	2	60	1	0	7	9
Janakpur	161	81	196	62	0	0	0	0	m	1	4	2
Narayani	279	54	246	43	0	0	0	0	2	0	-	0
Bharatpur	68	26	80	45	19	(O)	24	19	60	4	35	15
Lumbini	93	46	06	52	2	2	2	9	4	2	11	9
Bheri	196	06	240	85	0	0	0	0	2	4	6	8
Seti	127	54	117	56	0	-	1	+	4	1	2	4
Mahakali	68	31	96	43	1	0	1	1	0	0	1	1
Total	1279	498	1413	561	31	11	46	40	33	18	85	48

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Nepal Year of 1996 is presented in table 4 and fig. 3.

Table 4: Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Nepal Year of 1996

		5	Source of Ex	posure	to Rabid Animals	% 17 11 50 22 100	
Age & Sex	Dog bite	%	Dog Contact	%	Other animals bites	%	Total Cases
0-15 Male Child	2401	35	54	17	51	17	2506
0-15 Female Child	846	12	31	10	33	11	910
16 & above Male Adult	2618	38	144	45	153	50	2915
16 & above Female Adult	1068	15	90	28	68	22	1226
Grand Total	6933	100	319	100	305	100	7557

Fig. 3



Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Nepal Year of 1997 is presented in table 5.

Table 5 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Nepal Year of 1997

Age &		Sc	ource of Exposu	re to Ra	bid Animals		Total
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
>15 Male Child	1279	34	31	24	33	18	1343
>15 Female Child	498	13	11	9	18	10	527
<16 Male Adult	1413	38	46	36	85	46	1544
<16 Female Adult	561	15	40	31	48	26	649
Grand Total	3751	100	128	100	184	100	4063

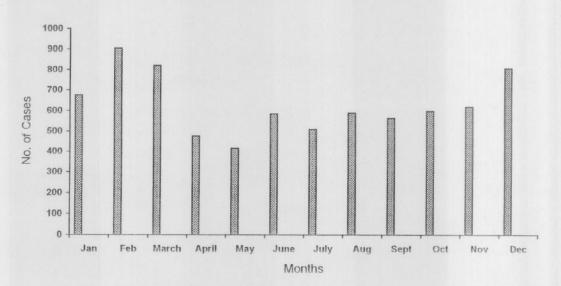
Monthwise Human Post-Exposure Treatment Cases Against Rabies in Nepal Year of 1996 is presented in table 6 and fig. 4 & 5. Dog bites cases are more during December to March months of the year. This could be because of littering period of the dogs and also breeding period. This is the time when there is more contamination and contact of the pet, community and stray dogs. If one dog is suspected rabies then it can infect easily other dogs during this period. Although there is no such distincts demarcation in the number of human patients bitten by suspected rabid dogs and other animals.

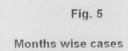
Table 6: Monthwise Human Post-Exposure Treatment Cases Against Rabies in Nepal Year of 1996

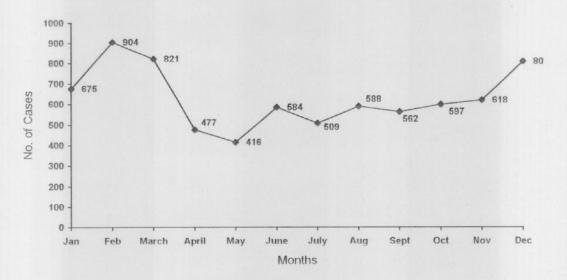
		So	urce of Expo	sure to	Rabid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Jan	591	9	51	16	33	11	675
Feb	835	12	34	11	35	11	904
March	751	11	31	10	39	13	821
April	437	6	30	9	10	3	477
May	382	6	18	6	16	5	416
June	537	8	29	9	18	6	584
July	456	7	18	6	35	11	509
Aug	530	8	33	10	25	8	588
Sept	514	7	25	8	23	8	562
Oct	567	8	12	4	18	6	597
Nov	587	8	8	3	23	8	618
Dec	746	11	30	9	30	10	806
Total	6933	100	319	100	305	100	7557

Fig. 4

Months wise cases







Monthwise Human Post-Exposure Treatment Cases Against Rabies in Nepal Year of 1997 is presented in table 7.

Table 7 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Nepal Year of 1997

		S	ource of Expo	osure to l	Rabid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Jan							
Feb							
March							
April	770	21	27	21	36	20	833
May	714	19	11	19	21	11	746
June	434	12	22	17	30	16	486
July	527	14	26	20	42	23	595
Aug	583	16	15	12	30	16	628
Sept	157	4	13	10	6	3	176
Oct.	115	3	-		11	6	126
Nov.	284	8	10	8	5	3	299
Dec.	167	4	4	3	3	2	174
Total	3751	100	128	100	184	100	4063

## 4.2 Hospitalwise Morbidity and Mortality Statistics of Human Post-exposure Cases Against Rabies

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Mechi Zonal Hospital, Jhapa, Year of 2053 is presented in table 8.

Table 8 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Mechi Zonal Hospital, Jhapa, Year of 2053

Age &		Source	ce of Exposu	re to Ral	bid Animals		Total
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
>15 Male Child	174	23	8	18	7	22	189
>15 Female Child	111	15	1	2	3	10	115
<16 Male Adult	317	42	22	49	11	34	350
<16 Female Adult	153	20	14	31	11	34	178
Grand Total	755	100	45	100	32	100	832

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Mechi Zonal Hospital, Jhapa, Year of 2054 is presented in table 9.

Table 9 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Mechi Zonal

Hospital, Jhapa, Year of 2054

Age &		Source	ce of Exposu	re to Ral	oid Animals		Total
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
>15 Male Child	67	25	1	6	3	18	71
>15 Female Child	29	12	1	6			30
<16 Male Adult	108	41	11	65	6	38	125
<16 Female Adult	59	22	4	23	7	44	70
Grand Total	263	100	17	100	16	100	296

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Mechi Zonal Hospital, Jhapa, Year of 2053 is presented in table 10.

Table 10 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Mechi Zonal

Hospital, Jhapa, Year of 2053

		Source	ce of Exposu	re to Rat	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	59	8	1	2			60
Jestha	78	10					78
Ashad	86	11					86
Shrawan	74	10			1	3	75
Bhadra	36	5	1	2	13	41	50
Ashwin	43	6	25	56	3	9	71
Kartik	48	6	6	13	5	16	59
Mangsir	43	6			1	3	44
Paush	78	10	8	18	3	9	89
Magh	29	4			3	9	32
Falgun	79	10	3	7			82
Chaitra	102	14	1	2	3	9	102
Total	755	100	45	100	32	100	832

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Mechi Zonal Hospital, Jhapa, Year of 2054 is presented in table 11.

Table 11: Monthwise Human Post-Exposure Treatment Cases Against Rabies in Mechi Zonal Hospital, Jhapa, Year of 2054

		Source	ce of Exposu	re to Rat	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	79	30	1	6			80
Jestha	53	20	1	6	1	6	55
Ashad	36	14	5	29	4	25	45
Shrawan	62	24	7	41	11	69	80
Bhadra	27	10	3	18			30
Ashwin	6	2					6
Kartik							
Mangsir							
Paush							
Magh							
Falgun							
Chaitra							
Total	263	100	17	100	16	100	296

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Koshi Zonal Hospital, Biratnagar, Year of 2053 is presented in table 12.

Table 12: Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Koshi Zonal Hospital, Biratnagar, Year of 2053

Source of Exposure to Rabid Animals								
Dog bites	%	Dog contact	%	Other animals bites	%	Cases		
210	35	8	10	9	26	227		
80	13	14	18	8	24	102		
226	38	34	44	12	35	272		
77	13	22	28	5	15	104		
593	100	78	100	34	100	705		
	210 80 226 77	Dog bites %  210 35  80 13  226 38  77 13	Dog bites         %         Dog contact           210         35         8           80         13         14           226         38         34           77         13         22	Dog bites         %         Dog contact         %           210         35         8         10           80         13         14         18           226         38         34         44           77         13         22         28	Dog bites         %         Dog contact         %         Other animals bites           210         35         8         10         9           80         13         14         18         8           226         38         34         44         12           77         13         22         28         5	Dog bites         %         Dog contact         %         Other animals bites         %           210         35         8         10         9         26           80         13         14         18         8         24           226         38         34         44         12         35           77         13         22         28         5         15		

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Koshi Zonal Hospital, Biratnagar, Year of 2054 is presented in table 13.

Table 13: Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Koshi Zonal Hospital, Biratnagar, Year of 2054

Age &		Source	ce of Exposu	re to Ral	oid Animals		Total
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
>15 Male Child	175	36	5	29	11	37	191
>15 Female Child	67	14	1	35	6	20	74
<15 Male Adult	169	35	5	29	9	30	183
<15 Female Adult	71	15	6	6	4	13	84
Grand Total	482	100	17	100	33	100	532

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Koshi Zonal Hospital, Biratnagar, Year of 2053 is presented in table 14.

Table 14 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Koshi Zonal Hospital, Biratnagar, Year of 2053

		Source	ce of Exposu	re to Ral	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh							
Jestha	19	3			2	6	21
Ashad	49	8	37	47	3	8	89
Shrawan	63	11	9	12	8	24	80
Bhadra	23	4	9	12	2	6	34
Ashwin	73	12			5	15	78
Kartik	28	5					28
Mangsir	72	12	7	9	8	24	87
Paush	72	12			1	3	73
Magh	100	17	14	18	3	8	117
Falgun	94	16	2	2	2	6	98
Chaitra							
Total	593	100	78	100	34	100	705

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Koshi Zonal Hospital, Biratnagar, Year of 2054 is presented in table 15.

Table 15: Monthwise Human Post-Exposure Treatment Cases Against Rabies in Koshi Zonal Hospital, Biratnagar, Year of 2054

		Source	ce of Exposu	re to Ral	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	92	19	5	29	3	9	100
Jestha	102	21			2	6	104
Ashad	42	9			8	24	50
Shrawan	88	18	1	6	6	18	95
Bhadra	119	25	5	29	7	21	131
Ashwin	29	6	6	35	2	6	37
Kartik	10	2			5	15	15
Mangsir							
Paush							
Magh							-
Falgun							
Chaitra							
Total	482	100	17	100	33	100	532

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Sagarmatha Zonal Hospital, Rajbiraj, Year of 2053 is presented in table 16.

Table 16: Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Sagarmatha Zonal Hospital, Rajbiraj, Year of 2053

Age & Sex		Source of Exposure to Rabid Animals								
	Dog bites	%	Dog contact	%	Other animals bites	%	Cases			
>15 Male Child	165	34			1	50	166			
>15 Female Child	44	9					44			
<15 Male Adult	195	41			1	50	196			
<15 Female Adult	76	16					76			
Grand Total	480	100			2	100	482			

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Sagarmatha Zonal Hospital, Rajbiraj, Year of 2054 is presented in table 17.

Table 17 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Sagarmatha Zonal Hospital, Rajbiraj, Year of 2054

Age & Sex		Source of Exposure to Rabid Animals								
	Dog bites	%	Dog contact	%	Other animals bites	%	Cases			
>15 Male Child	45	25	3	38	1	7	49			
>15 Female Child	20	11					20			
<15 Male Adult	71	39	2	25	7	50	80			
<15 Female Adult	45	25	3	38	6	43	54			
Grand Total	181	100	8	100	14	100	203			

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Sagarmatha Zonal Hospital, Rajbiraj, Year of 2053 is presented in table 18.

Table 18 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Sagarmatha Zonal Hospital, Rajbiraj, Year of 2053

		Sourc	e of Exposure	to Rat	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	34	7					34
Jestha	49	10					49
Ashad	47	10			2	100	49
Shrawan	37	8					37
Bhadra	64	13					64
Ashwin	20	4					20
Kartik	27	6					27
Mangsir	29	6					29
Paush	45	9					45
Magh	39	8					39
Falgun	42	9					42
Chaitra	47	10					47
Total	480	100			2	100	482

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Sagarmatha Zonal Hospital, Rajbiraj, Year of 2054 is presented in table 19.

Table 19 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Sagarmatha Zonal Hospital, Rajbiraj, Year of 2054

		Source	ce of Exposu	re to Rat	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	33	18	8	100			41
Jestha	44	24					44
Ashad	28	15			1	7	29
Shrawan	29	16			6	43	35
Bhadra	47	26			7	50	54
Ashwin							
Kartik							
Mangsir							
Paush							
Magh							
Falgun							
Chaitra							
Total	181	100	8	100	14	100	203

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Janakpur Zonal Hospital, Dhanusha, Year of 2053 is presented in table 20.

Table 20 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Janakpur Zonal Hospital, Dhanusha, Year of 2053

Age & Sex	Source of Exposure to Rabid Animals							
	Dog bites	%	Dog contact	%	Other animals bites	%	Cases	
>15 Male Child	373	34					373	
>15 Female Child	133	12			1	7	134	
<15 Male Adult	379	35			9	64	388	
<15 Female Adult	200	18			4	29	204	
Grand Total	1085	100			14	100	1099	

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Janakpur Zonal Hospital, Dhanusha, Year of 2054 is presented in table 21.

Table 21 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Janakpur Zonal Hospital, Dhanusha, Year of 2054

Age &		Source of Exposure to Rabid Animals							
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases		
>15 Male Child	161	32			3	30	164		
>15 Female Child	81	16			1	10	82		
<15 Male Adult	196	39			4	40	200		
<15 Female Adult	62	12			2	20	64		
Grand Total	500	100			10	100	510		

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Janakpur Zonal Hospital, Dhanusha, Year of 2053 is presented in table 22.

Table 22 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Janakpur Zonal Hospital, Dhanusha, Year of 2053

		Source	of Exposure	to Rat	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	52	5			2	14	54
Jestha	65	6			4	29	69
Ashad	86	8					86
Shrawan	68	6					68
Bhadra	115	11					115
Ashwin	84	8					84
Kartik	105	10					105
Mangsir	57	5			2	14	59
Paush	109	10					109
Magh	102	9			2	14	104
Falgun	132	12			1	7	133
Chaitra	110	10			3	21	113
Total	1085	100			14	100	1099

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Janakpur Zonal Hospital, Dhanusha, Year of 2054 is presented in table 23.

Table 23 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Janakpur Zonal Hospital, Dhanusha, Year of 2054

		Sourc	e of Exposure	to Rat	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	133	27			7	70	140
Jestha	116	23			1	10	117
Ashad	50	10					50
Shrawan	85	17					95
Bhadra	47	9					47
Ashwin	9	2					9
Kartik	17	3					17
Mangsir	43	9			2	20	45
Paush							
Magh							
Falgun							
Chaitra							
Total	500	100			10	100	510

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Narayan Sub-Regional Hospital, Birgunj, Year of 2053 is presented in table 24.

Table 24 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies In Narayan Sub-Regional Hospital, Birgunj, Year of 2053

Age &		Source	ce of Exposu	re to Rat	oid Animals		Total
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
>15 Male Child	551	43	1	25	17	52	569
>15 Female Child	120	9					120
<15 Male Adult	515	40	3	75	12	36	530
<15 Female Adult	105	8			4	12	109
Grand Total	1291	100	4	100	33	100	1328

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Narayan Sub-Regional Hospital, Birgunj, Year of 2054 is presented in table 25.

Table 25 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Narayan Sub-Regional Hospital, Birgunj, Year of 2054

Age &	Source of Exposure to Rabid Animals							
	Dog bites	%	Dog contact	%	Other animals bites	%	Cases	
>15 Male Child	279	45			2	67	281	
>15 Female Child	54	8					54	
<15 Male Adult	246	40			1	33	247	
<15 Female Adult	43	7					43	
Grand Total	622	100			3	100	625	

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Narayan Sub-Regional Hospital, Birgunj, Year of 2053 is presented in table 26.

Table 26 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Narayan Sub-Regional Hospital, Birgunj, Year of 2053

		Source	e of Exposu	re to Rat	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	103	8					103
Jestha	41	3					41
Ashad	99	8			5	15	104
Shrawan	70	5			3	9	73
Bhadra	99	8			5	15	104
Ashwin	118	9			8	24	126
Kartik	90	7	2	50			82
Mangsir	118	9			1	3	119
Paush	172	13			5	15	177
Magh	84	7			2	6	86
Falgun	132	10	1	25	2	6	135
Chaitra	165	13	1	25	2	6	169
Total	1291	100	4	100	33	100	1329

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Narayan Sub-Regional Hospital, Birgunj , Year of 2054 is presented in table 27.

Table 27: Monthwise Human Post-Exposure Treatment Cases Against Rabies in Narayan Sub-Regional Hospital, Birgunj, Year of 2054

		Sourc	e of Exposure	to Rat	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	108	17			1	33	109
Jestha	120	19				St. market per	120
Ashad	77	12					77
Shrawan	101	16					101
Bhadra	136	22			2	67	138
Ashwin							
Kartik							
Mangsir	80	13					80
Paush							
Magh							
Falgun							
Chaitra							
Total	622	100			3	100	625

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Bharatpur Hospital, Chitwan, Year of 2053 is presented in table 28.

Table 28 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Bharatpur Hospital, Chitwan, Year of 2053

Age &	Source of Exposure to Rabid Animals								
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases		
>15 Male Child	106	29	21	15	6	6	133		
>15 Female Child	35	10	12	8	3	3	50		
<15 Male Adult	160	44	69	48	64	63	293		
<15 Female Adult	61	17	41	29	28	28	130		
Grand Total	362	100	143	100	101	100	606		

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Bharatpur Hospital, Chitwan, Year of 2054 is presented in table 29.

Table 29: Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Bharatpur Hospital, Chitwan, Year of 2054

Age &	Source of Exposure to Rabid Animals								
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases		
>15 Male Child	68	31	19	28	3	6	90		
>15 Female Child	26	12	6	9	4	7	36		
<15 Male Adult	78	36	24	35	36	67	138		
<15 Female Adult	45	21	19	28	11	20	75		
Grand Total	217	100	68	100	54	100	339		

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Bharatpur Hospital, Chitwan, Year of 2053 is presented in table 30.

Table 30: Monthwise Human Post-Exposure Treatment Cases Against Rabies

in Bharatpur Hospital, Chitwan, Year of 2053

		Source	ce of Exposu	re to Ral	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	46	13	29	20	8	8	83
Jestha	16	4	18	13			34
Ashad	24	7	10	7	7	7	41
Shrawan	26	7	8	6	6	6	40
Bhadra	28	8	3	2	1	1	32
Ashwin	20	6	7	5	4	4	31
Kartik	31	9	3	2	7	7	41
Mangsir	30	8			6	6	36
Paush	34	9	3	2	6	6	43
Magh	34	9	26	18	22	22	82
Falgun	47	13	7	5	18	18	72
Chaitra	26	7	29	20	16	16	71
Total	362	100	143	100	101	100	606

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Bharatpur Hospital, Chitwan, Year of 2054 is presented in table 31.

Table 31: Monthwise Human Post-Exposure Treatment Cases Against Rabies in Bharatpur Hospital, Chitwan, Year of 2054

		Source	ce of Exposu	re to Rat	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	39	18	11	16	14	26	64
Jestha	18	8			13	24	31
Ashad	23	10	17	25	11	20	51
Shrawan	32	15	18	26	10	19	60
Bhadra	38	18	5	7	1	2	44
Ashwin	21	10	7	10	2	4	30
Kartik	16	7					16
Mangsir	30	14	10	15	3	5	43
Paush							
Magh							
Falgun							
Chaitra							
Total	217	100	68	100	54	100	339

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Lumbini Zonal Hospital, Butwal, Year of 2053 is presented in table 32.

Table 32 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Lumbini Zonal Hospital, Butwal, Year of 2053

Age &	Source of Exposure to Rabid Animals								
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases		
>15 Male Child	245	33	7	24	4	10	256		
>15 Female Child	103	15			5	12	108		
<15 Male Adult	230	33	16	55	23	58	269		
<15 Female Adult	120	17	6	21	8	20	134		
Grand Total	698	100	29	100	40	100	767		

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Lumbini Zonal Hospital, Butwal, Year of 2054 is presented in table 33.

Table 33 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Lumbini Zonal Hospital, Butwal, Year of 2054

Age &	Source of Exposure to Rabid Animals								
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases		
>15 Male Child	93	33	2	17	4	17	99		
>15 Female Child	46	16	2	17	2	9	50		
<15 Male Adult	90	32	2	17	11	48	103		
<15 Female Adult	54	19	6	50	6	26	66		
Grand Total	283	100	12	100	23	100	318		

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Lumbini Zonal Hospital, Butwal, Year of 2053 is presented in table 24.

Table 34 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Lumbini Zonal Hospital, Butwal, Year of 2053

		Source	ce of Exposu	re to Ral	bid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	63	9					63
Jestha	38	5			9	23	47
Ashad	38	5				42	38
Shrawan	25	4			17	12	42
Bhadra	57	8			5	3	62
Ashwin	30	4			1		31
Kartik	108	15					108
Mangsir	58	8			1	3	58
Paush	42	6	18	62	4	10	64
Magh	55	8	11	38			66
Falgun	74	11					74
Chaitra	110	16			3	7	113
Total	698	100	29	100	40	100	767

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Lumbini Zonal Hospital, Butwal, Year of 2054 is presented in table 35.

Table 35: Monthwise Human Post-Exposure Treatment Cases Against Rabies in Lumbini Zonal Hospital, Butwal, Year of 2054

		Source	ce of Exposu	re to Rat	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	81	29	1	8	5	22	87
Jestha	68	24	9	75			77
Ashad	25	9			1	4	26
Shrawan	22	8			5	22	27
Bhadra	56	20	2	17	11	48	69
Ashwin	13	4					13
Kartik							
Mangsir	2	1					2
Paush	16	5			1	4	17
Magh						Owas I was a single	
Falgun							
Chaitra							
Total	283	100	12	100	23	100	318

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Bheri Zonal Hospital, Nepalgunj, Year of 2053 is presented in table 36.

Table 36: Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Bheri Zonal Hospital, Nepalgunj, Year of 2053

Age &	Source of Exposure to Rabid Animals							
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases	
>15 Male Child	182	29			3	16	185	
>15 Female Child	67	10			1	5	68	
<15 Male Adult	286	45			13	68	299	
<15 Female Adult	99	16			2	11	101	
Grand Total	634	100			19	100	653	

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Bheri Zonal Hospital, Nepalgunj, Year of 2054 is presented in table 37.

Table 37: Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Bheri Zonal Hospital, Nepalgunj, Year of 2054

Age &	Source of Exposure to Rabid Animals							
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases	
>15 Male Child	196	32			2	11	198	
>15 Female Child	90	15			4	22	94	
<15 Male Adult	240	39			9	50	249	
<15 Female Adult	85	14	1		3	17	88	
Grand Total	611	100			18	100	629	

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Bheri Zonal Hospital, Nepalgunj, Year of 2053 is presented in table 38.

Table 38 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Bheri Zonal Hospital, Nepalgunj, Year of 2053

		Source	e of Exposure	to Rat	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	48	8					48
Jestha	43	7			1	5	44
Ashad	37	6			2	11	39
Shrawan	29	5					29
Bhadra	40	6					40
Ashwin	32	5			1	5	33
Kartik	41	6					41
Mangsir	50	8			3	16	53
Paush	78	12			3	16	81
Magh	58	9					58
Falgun	89	14			7	36	98
Chaitra	89	14			2	11	91
Total	634	100			19	100	653

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Bheri Zonal Hospital, Nepalgunj , Year of 2054 is presented in table 39.

Table 39 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Bheri Zonal Hospital, Nepalgunj ,Year of 2054

		Sourc	e of Exposure	e to Rat	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	89	15			2	11	91
Jestha	65	11			3	17	68
Ashad	81	13			2	11	83
Shrawan	75	12			4	22	79
Bhadra	88	14			2	11	90
Ashwin	15	2					15
Kartik	50	8			3	17	53
Mangsir	66	11					66
Paush	82	13			2	11	84
Magh							
Falgun							
Chaitra							
Total	611	100			18	100	629

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Seti Zonal Hospital, Kailali, Dhangadi, Year of 2053 is presented in table 40.

Table 40 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Seti Zonal Hospital, Kailali, Dhangadi, Year of 2053

Age & Dog t	Source of Exposure to Rabid Animals							
	Dog bites	%	Dog contact	%	Other animals bites	%	Cases	
>15 Male Child	206	43			2	40	208	
>15 Female Child	77	16	2	40			79	
<15 Male Adult	123	25	2	40	3	60	128	
<15 Female Adult	76	16	1	20			77	
Grand Total	482	100	5	100	5	100	492	

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Seti Zonal Hospital, Kailali, Dhangadi, Year of 2054 is presented in table 41.

Table 41 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Seti Zonal Hospital, Kailali, Dhangadi, Year of 2054

Age &	Source of Exposure to Rabid Animals								
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases		
>15 Male Child	127	36			4	36	131		
>15 Female Child	54	15	1	33.3	1	9	46		
<15 Male Adult	117	33	1	33.3	2	18	120		
<15 Female Adult	56	16	1	33.3	4	36	61		
Grand Total	354	100	3	100	11	100	368		

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Seti Zonal Hospital, Kailali, Dhangadi, Year of 2053 is presented in table 42.

Table 42 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Seti Zonal Hospital, Kailali, Dhangadi, Year of 2053

		Source	ce of Exposu	re to Rat	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	14	3					14
Jestha	21	4					21
Ashad	32	7			2	40	34
Shrawan	28	6	1	20			29
Bhadra	30	6					30
Ashwin	36	7					38
Kartik	32	7	1	20			33
Mangsir	59	12	1	20			60
Paush	49	10	1	20	3	60	53
Magh	33	7					33
Falgun	73	15	1	20			74
Chaitra	75	16					75
Total	482	100	5	100	5		492

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Seti Zonal Hospital, Kailali, Dhangadi, Year of 2054 is presented in table 43.

Table 43: Monthwise Human Post-Exposure Treatment Cases Against Rabies in Seti Zonal Hospital, Kailali, Dhangadi, Year of 2054

		Source	ce of Exposu	re to Ral	oid Animals		Total
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases
Baisakh	94	27	1	33	4	36	99
Jestha	83	23					83
Ashad	36	10			3	27	39
Shrawan							
Bhadra	9	3					9
Ashwin	37	10			1	9	38
Kartik	21	6			3	27	24
Mangsir	30	8					30
Paush	44	12	2	67			46
Magh							
Falgun							
Chaitra							
Total	354	100	3	100	11	100	368

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Mahakali Zonal Hospital, Kanchanpur, Mahendranagar, Year of 2053 is presented in table 44.

Table 44: Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Mahakali Zonal Hospital, Kanchanpur, Mahendranagar, Year of 2053

Age &	Source of Exposure to Rabid Animals								
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases		
>15 Male Child	189	34	9	36	2	12	200		
>15 Female Child	76	14	2	8	2	12	80		
<15 Male Adult	187	34	8	32	7	41	202		
<15 Female Adult	101	18	6	24	6	35	113		
Grand Total	553	100	25	100	17	100	595		

Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Mahakali Zonal Hospital, Kanchanpur, Mahendranagar, Year of 2054 is presented in table 45.

Table 45 : Age & Sexwise Human Post-Exposure Treatment Cases Against Rabies in Mahakali Zonal Hospital, Kanchanpur, Mahendranagar , Year of 2054

Age &	Source of Exposure to Rabid Animals								
Sex	Dog bites	%	Dog contact	%	Other animals bites	%	Cases		
>15 Male Child	68	29	1	33.3			69		
>15 Female Child	31	13					31		
<15 Male Adult	96	40	1	33.3	1	50	98		
<15 Female Adult	43	18	1	33.3	1	50	45		
Grand Total	238	100	3	100	2	100	100		

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Mahakali Zonal Hospital, Kanchanpur, Mahendranagar, Year of 2053 is presented in table 46.

Table 46 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Mahakali Zonal Hospital, Kanchanpur, Mahendranagar, Year of 2053

Months		Source of Exposure to Rabid Animals						
	Dog bites	%	Dog contact	%	Other animals bites	%	Cases	
Baisakh	18	3					18	
Jestha	32	6					32	
Ashad	39	7					39	
Shrawan	36	7	+				36	
Bhadra	38	7	22	88			60	
Ashwin	58	10	3	12	1	6	62	
Kartik	57	10					57	
Mangsir	61	11					61	
Paush	67	12					67	
Magh	57	10			1	6	58	
Falgun	63	11			5	29	68	
Chaitra	27	5			10	59	37	
Total	553	100	25	100	17	100	595	

Monthwise Human Post-Exposure Treatment Cases Against Rabies in Mahakali Zonal Hospital, Kanchanpur, Mahendranagar, Year of 2054 is presented in table 47.

Table 47 : Monthwise Human Post-Exposure Treatment Cases Against Rabies in Mahakali Zonal Hospital, Kanchanpur, Mahendranagar, Year of 2054

		Source of Exposure to Rabid Animals						
Months	Dog bites	%	Dog contact	%	Other animals bites	%	Cases	
Baisakh	22	9					22	
Jestha	45	19	1	33	1	50	47	
Ashad	36	15					36	
Shrawan	33	14					33	
Bhadra	16	7					16	
Ashwin	27	11			1	50	28	
Kartik	1	0.4					1	
Mangsir	33	14					33	
Paush	25	11	2	67			27	
Magh								
Falgun								
Chaitra								
Total	238	100	3	100	2		243	

Post-exposure treatment against rabies, types of animal bites and types of treatment given during 1991-1996 is presented in table 48.

Table 48 : Post-exposure treatment against rables, types of animal bites and types of treatment given during 1991-1996

Persons treated	Year	1991	1992	1993	1994	1995	1996
for domestic	Dog	16,091	16,614	19,695	18,975	16,118	14,346
animal bites	Cat	131	60	98	60	86	75
	Others*	241	160	350	415	196	36
	Total	16,436	16,834	20,143	19,450	16,400	14,57
Persons treated	Jackal	102	50	32	25	45	41
for wild animal	Monkey	430	305	375	290	228	200
bites	Rodents	235	251	281	120	105	162
	Others**	37	92	117	95	30	35
	Total	804	698	805	530	468	438
Saliva contact only	1	1,785	1,836	2,115	1,434	1,078	941
Persons receiving vaccine alone		18,998	19,339	23,036	21,392	17,929	15,832
Persons receiving vaccine and serum		27	29	27	22	17	4

Others\*

= Ruminants, horses

Otherst - Timer

= Tiger, leopard, bear, rhinoceros, mongoose, wolf

Source: Epidemiology and Disease Control Division, Department of Health Services, Ministry of Health, Kathmandu, Nepal

# 4.3 Anti-rabies Vaccine (ARV) Production, Procurement, Demand and Supply for Human and Animals

In Nepal first time phenolised sheep brain Rabies vaccine production for use in animals was started by then the Central Veterinary Laboratory Tripureshwor, Kathmandu in 1970. In those days only few thousand millitres of Vaccines were produced annually. The demand for the Rabies vaccine is increasing every year. Considering the zoonotic value and fatalness of the Rabies disease a separate Rabies control project office was established by His Majesty's Government in 1981. Production of 5% BPL inactivated semple type Rabies vaccine for human use was initiated in 1982. This vaccine was tested for its potency and quality by WHO Rabies Reference Laboratory, Kasauli, India and Pasteur Institute Paris, France and was certified for human use<sup>25</sup>.

#### 4.3.1 Types of Vaccine:

At present the following types of rabies vaccines are being produced in Rabies Control & Public Health Section, Tripureshwor:

- Production of pre-exposure 20% phenolised Rabies vaccine for use in dogs and cats.
- Production of post-exposure 5% phenolised Rabies vaccine for animal use.
- Production of post-exposure 5% BPL inactivated Rabies vacine for human use.

#### 4.3.2 Vaccine Production:

During F.Y. 1984/85 to 1998 a total of 6,145,420 ml. at % BPL inactivated Rabies Vaccine was produced was supplied free of cost to the Dept. of Health Services according to agreement. This vaccine cost would be Rs. 21,18,300 at the rate of Rs. 2.00 per ml. Sheep brain anti-rabies vaccine Production (ml) F.Y. 1984/85 to 1998 is presented in table 49.

Table 49: Sheep brain anti-rabies vaccine Production (ml) F.Y. 1984/85 to 1998

Fiscal year	Type of anti-rabies vaccine						
	Carbolised 20%	Carbolised 5% (for post-expousre prophylactic treatment of domestic animals)	BPL inactivated 5%				
1984/85	41,250	169,900	64,520				
1985/86	56,220	290,950	56,900				
1986/87	70,300	219,800	171,350				
1987/88	126,450	189,350	246,100				
1988/89	85,600	130,200	324,700				
1989/90	92,850	221,050	258,300				
1990/91	112,970	257,700	283,250				
1991/92	91,950	186,950	337,250				
1992/93	90,000	289,450	353,500				
1993/94	131,600	261,100	461,250				
1994/95	82,262	422,800	2323,900				
1995/96	85,900	548,800	334,800				
1996/97	92,700	402,850	298,800				
1997/98	12700	402850	298800				
1998	95050	314300	332000				
Total	1,267,802	4,308,050	6,145,420				

Source: Rabies Control and Public Health Section MOA

#### 4.3.3 Present Weaknesses in Vaccine Production:

- Difficulty in procurement of young lambsheep in time.
- Present space and building is not enough for vaccine production.
- Difficulty in carcass disposal due to lack of incinerator and space to make a disposal pit.
- Insufficient water supply.

## 4.3.4 Proposed Future Plan and Activities by the Section :

The following improvement plans are being suggested for Rabies vaccine production (Parajuli et. al. 1998).

- Considering the strong points of Rabies vaccine production this section should go on Double Track Management System.
- Tissue culture Rabies vaccine production is to be introduced. This would replace the sheep brain Rabies vaccine in course at time. This would help to overcome to problem of procuring sheep.
- A separate quality control laboratory is to be established to perform the quality control activities
  of all biologicals that are produced under new management system.
- 4. Present revenue rate for 5% phenolised Rabies vaccine is in highly subsidised rate. This rate should be increased at least 4 times. For other vaccines a moderate increment in revenue is to be done. This is required due to increased in price of sheep which is main component in Rabies vaccine production.

## Cost of BPL ARV Production:

Estimated Cost of Production of 5% BPL Rabies Vaccine for Human use under Double Track System is presented in table 50.

Table 50 : Estimated Cost of Production of 5% BPL Rabies Vaccine for Human use under Double Track System

Sheep	63,480.00
Chemicals	11,220.00
Seed Virus	300.00
Packing Vials/labels	18,000.00
Quality Control Tests	1,000.00
Cost of Manpower/batch	6,000.00
Cost of Electricity and Water	6,000.00
Other Misc.	4,000.00
Total Cost of 60 litre of Vaccine	1,10,000.00
Actual Cost of 50 ml. vial vaccine	91.50
Stockist Commision 20%	18.30
Bonus 10%	9.15
Profit Margin 25%	22.87
Maintenance, Depreciation, Exp. vaccine 10%	9.15
Retail price per vial	155.00
Net profit per lot of vaccine	32,080.00

Source: Rabies Control and Public Health Section, Veterinary Complex, Tripureshwor [Return per lot - (cost of production + bonus + commision + depriciation] 1,86000 - 1,53,920

#### Cost of ARV Production:

Estimated Cost of Production of 20% and 5% Phonolised Vaccine for Animal use under Double Track System is ptresented in table 51.

Table 51: Estimated Cost of Production of 20% and 5% Phonolised Vaccine for Animal use under Double Track System

	20%	5%
Sheep	63,480.00	63,480.00
Chemicals	620.00	1,000.00
Seed virus	300.00	300.00
Packing / labeling / vials / bottle	6,000.00	4,250.00
Man power / batch	4,000.00	4,000.00
Cost of electricity and water	6,000.00	4,000.00
Other misc. cost	2,500.00	2,500.00
Actual cost of production per batch	83,200.00	89,830.00
Actual cost per vial / bottle	232.00	524.00
Stockist commission 20%	4.64	10.48
Bonus 10%	2.32	5.24
Profit margin 25%	58.00	135.00
Maintenance / depreciation / exp. vaccine 10%	2.32	5.24
Retail price per vial / bottle	300.00	680.00
Net profit per lot of vaccine	21,460.00	7,804.00

Source: Rabies Control and Public Health Section, Veterinary Complex, Tripureshwor

## 4.4 Animal Rabies Statistics

Number of animal rabies outbreaks, affected, death and vaccinated in Nepal during FY. 1993/94 - 1996/97 is presented in table 52.

Table 52: Number of animal rabies outbreaks, affected, death and vaccinated in Nepal during FY. 1993/94 - 1996/97

Fiscal Year	Number of							
	Outbreaks	Cases	Death	%	Vaccination			
1993/94	104	500	500		2715			
1994/95	142	3341	180		2035			
1995/96	241	1504	286		2588			
1996/97	176	1671	248		3935			

Source: CEU, Central Veterinary Laboratory and Animal Disease Control Section, Tripureshwor, Katlımandu

Post exposure vaccination of native domestic animal exposed to Rabies is not recommended because, no significant scientific evidence is available demonstrating its efficacy. (WHO/CDS/VPH/ 94, 133).

#### 4.5 Animal Reservoir for Rabies

In Nepal Animals Reservoir for Rabies are ,dog, cat, jackal, monkey, rodents and others. About 94% of the bite and contact is from dogs (pet, community and stray dogs). The total population of dogs in Nepal is 1849110. The detail human and dog population ratio and region and districts wise dog population is mentioned in seperate section 4.5 of this report.

## 4.6 Dog Population of the Country:

While carrying are dog population consus study it has ben found that there are three types of dogs existing in both urban and rural areas. These are as follows:

- Pet dog belonging to individual family, lives inside the house or house compound and most of the time tied or having belt in the neck.
- 2. Community dog belonging to a community like temple guthi, boddha stupa, maszit, church, tole, chauk and sometime ethnic group. Such dogs do not belong to any individual family. They are fed by different families and live around that community all the time these population is estimated about 2% more in rural and 10% in urban areas compare to pet dog population.
- 3. Street or stray dog such dogs roam around the villages or cities and do not belong to any communities or families. They feed mostly on garbage and left over from houses, hotels, restrurants etc. Their population is estimated 5% more in the villages and 20% more in the urban areas compare to pet dog population.
- 4. Human: dog population ratio was 10:1 in the villages and 12:1 in urban areas which was found and determined by the survey team. Based on these ratio the dog population has been estimated and calculated on the basis of house hold number and human population of 5 Development regions, 58 Municipalities and 75 Districts in totality.
- a) Dog Population Distribution in 5 Development Region

Total dog population in the country is estimated about 1849110 out of which 444676 (25%) in the eastern, 618396 (33%) in the Central, 377068 (20%) in the Western, 241040 (13%) in the Mid-Western and 167930 (9%) in the Far-Western region. The maximum number of the dogs population is 33% in Central region and minimum number 9% is in Far-Western region. The human dog population ratio is 10:1 in totality. The Human and Dog Population Ratio by Five Development Region of Nepal is presented in Table 53 and fig. 6 & 7.

Table 53: Human and Dog Population Ratio by Five Development Region of Nepal

S.N.	Name of Dev. Region	House Hold	Human Population	Dog Population	Percentage
1.	Eastern	821762	4446749	444676	25
2.	Central	1115428	6183955	618396	33
3.	Western	690160	3770678	377068	20
4.	Mid-Western	415846	2410414	241040	13
5.	Far-Western	285525	1679301	167930	9
	Total	3328721	18491097	1849110	100

Fig. 6

Dog Populatin in Five Development Regions of Nepal

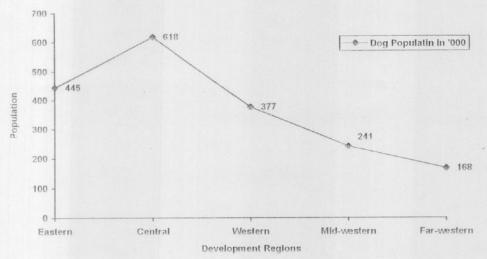
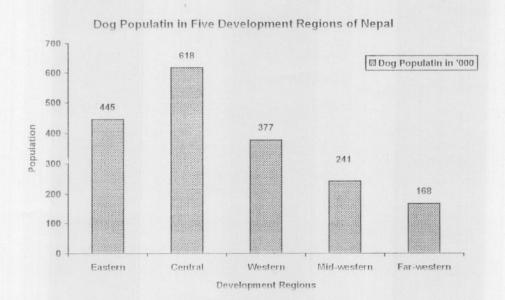


Fig. 7



## b) Dog Population Distribution in 58 Municipalities

Survey team visited all the 58 municipalities and surveyed with 114 dog owners and house holds about the human dog population distribution in the cities (municipalities). Based on this survey the human dog population ratio was 12:1. The dog population distribution in 58 municipalities are presented in Table 54. Out of 58 municipalities the highest number is 35105 in Kathmandu municipality and the lowest dog population number is 818 in Dhulikhel municipality.

Table 54: Dog Population Distribution in 58 Municipalities

S. N.	Name of the Municipality	District	Ward No.	House Hold	Human Population	Dog Population
1	llam	llam	9	2718	13197	1100
2	Bhadrapur	Jhapa	15	2860	15210	1268
3	Damak	Jhapa	19	7644	41321	3443
4	Biratnagar	Morang	22	24043	129388	10782
5	Dharan	Sunsari	19	12549	66457	5538
6	Inaruwa	Sunsari	10	3382	18547	1546
7	Dhankutta	Dhankutta	9	3637	17073	1423
8	Rajbiraj	Saptari	10	4382	24227	2019
9	Lahan	Siraha	10	3622	19018	1585
10	Janakpur	Dhanusha	16	9668	54710	4559
11	Jaleshwor	Mahottari	13	2945	18088	1507
12	Malangwa	Sarlahi	10	2403	14182	1182
13	Banepa	Kabhre	11	1956	12537	1045
14 -	Dhulikhel	Kabhre	9	1624	9812	818
15	Lalitpur	Lalitpur	22	20630	115865	9655
16	Bhaktapur	Bhaktapur	17	9187	61405	5117
17	Kathmandu	Kathmandu	35	81139	421258	35105
18	Bidur	Nuwakot	11	3736	18694	1558
19	Hetauda	Makwanpur	11	10420	53836	4486
20	Kalaya	Bara	14	3010	18498	1542
21	Birguni	Parsa	19	11084	69005	5750
22	Bharatpur	Chitwan	14	10918	54470	4539
23	Pokhara	Kaski	18	20273	95286	7941
24	Tansen	Palpa	15	2699	13599	1133
25	Butwal	Rupandehi	15	9195	44272	3689
26	Siddharthanagar	Rupandehi	13	6870	39473	3289
27	Kapilbastu	Kapilbastu	14	3063	17126	1427
28	Tribhuvan Nagar	Dang	11	5235	29050	2421
29	Nepalgunj	Banke	17	8232	47819	3985
30	Birendranagar	Surkhet	12	4773	22973	1914
31	Dipayal / Silgadi	Doti	14	2330	12360	1030
32	Dhangadi	Kailali	14	7240	44753	3729
33	Mahendranagar	Kanchanpur	19	9875	62050	5171
34	Gaur	Rautahat	13	3498	20434	1703
35	Byash	Tanahu	11	3708	20124	1677
36	Tulsipur	Dang	11	4168	22654	1888
37	Mechinagar	Jhapa	13		37108	3092
38	Khadbari	Shankhuwasaba	13		18756	1563
39	Itahari	Sunsari	9		18547	1546
40	Triyuga	Udayapur	17		37512	3126
41	Siraha	Siraha	9		21866	1822
42	Bhimeshwor	Dolakha	13		19261	1605
43	Kamalamai	Sindhuli	18		24368	2031
14	Ratnanagar	Chitwan	13		25118	2093
45	Panauti	Kabhre	13		20467	1706
46	Madhyapur-Thimi	Bhaktapur	17		31970	2664
47	Kirtipur	Kathmandu	19		31338	2612
48	Prithivinarayan	Gorkha	11			
49	Lekhnath	Kaski	15		20633	1719
50	Putalibazar	Shyangja	13		30107 25870	2504 2156

51	Baglung	Baglung	11	15218	1018
52	Waling	Shyangja	11	16712	1393
53	Ramgram	Nawalparasi	13	18911	1576
54	Narayan	Dailekh	9	15738	1312
55	Gulariya	Bardiya	14	30631	2553
56	Tikapur	Kailali	9	25639	2137
57	Amargadi	Dadeldhura	11	16454	1371
58	Dashrathchand	Baitadi	13	18054	1505

NB: Human: Dog Population Ratio is 12:1 in Municipality areas.

#### c) Dog Population Distribution in 75 Districts

The survey team visited 154 villages of the rural areas to find out the human dog population ratio by interviwing 154 dog owners. On the basis of this survey findings the human dog population ratio was 10:1 and accordingly the dog population by 75 districts were calculated and present in Table 55. While interviwing 154 dog owners they were from hills and terai district of 5 development regions. Regarding the dog population ratio with human population up in the alpine districts was based on the survey findings carried out during yak population disease surveillance survey in 1996 and 1997.

Table 55: Dog Population Distribution in 75 Districts of Nepal

S.N.	Name of the Districts	House Hold	Human Population	Dog Population
1	Achham	38934	198188	19819
2	Arghakhanchi	34511	180884	18088
3	Baglung	44371	232486	23249
4	Baitadi	35300	200716	20072
5	Bajhang	25090	139092	13909
6	Bajura	17542	92010	9201
7	Banke	49083	285604	28560
8	Bara	68952	415718	41572
9	Bardiya	41298	290313	29031
10	Bhaktapur	28160	172952	17295
11	Bhojpur	37058	198784	19878
12	Chitwan	65147	354488	35449
13	Dadeldhura	18501	104647	10465
14	Dailekh	33922	187400	18740
15	Dang	56099	354413	35441
16	Darchula	17617	101683	10168
17	Dhading	51273	278068	27807
18	Dhankuta	27425	146385	14639
19	Dhanusa	98358	543672	54367
20	Dolakha	35862	173236	17324
21	Dolpa	4968	25013	2501
22	Doti	31557	167168	16717
23	Gorkha	49311	252524	25252
24	Gulmi	50544	266331	26633
25	Humla	6160	34383	3438
26	llam	41450	229214	22921
27	Jajarkot	20837	113958	11396
28	Jhapa	110894	593737	59374
29	Jumla	13547	75964	7596
30	Kailali	60928	417891	41789
31	Kalikot	16041	88805	8881
32	Kanchanpur	40056	257906	25791
33	Kapilbastu	60948	371778	37178
34	Kaski	60403	292945	29295
35	Kathmandu	127196	675341	67534
36	Kavrepalanchok	56633	324329	32433
37	Khotang	40183	215965	21597
38	Lalitpur	45682	257086	25709
39	Lamjung	30559	153697	15370
40	Mahottari	79640	440146	44015
41	Makwanpur	56091	314599	31460

42	Manang	1272	5363	536
43	Morang	126557	674823	67482
44	Mugu	6837	36364	3636
45	Mustang	3209	14292	1429
46	Myagdi	20696	100552	10055
47	Nawalparasi	72565	436217	43622
48	Nuwakot	45657	245260	24526
49	Okhaldhunga	26362	139457	13946
50	Palpa	41846	236313	23631
51	Panchthar	31452	175206	17521
52	Parbat	27973	143547	14355
53	Parsa	60630	372524	37252
54	Pyuthan	33323	175469	17547
55	Ramechhap	34766	188064	18806
56	Rasuwa	7195	36744	3674
57	Rautahat	76219	414005	41401
58	Rolpa	33070	179621	17962
59	Rukum	29290	155554	15555
60	Rupandehi	86650	522150	52215
61	Salyan	31650	181785	18178
62	Sankhuwasabha	26902	141903	14190
63	Saptari	85720	465668	46567
64	Sarlahi	88141	492798	49280
65	Sindhuli	38535	223900	22390
66	Sindhupalchok	51291	261025	26103
67	Siraha	83716	460746	46075
68	Solukhumbu	19232	97200	9720
69	Sunsari	84492	463481	46348
70	Surkhet	39721	225768	22577
71	Syangja	55497	293526	29353
72	Tanahu	49805	268073	26807
73	Taplejung	21370	120053	12000
74	Terhathum	18379	102870	10287
75	Udayapur	40570	221256	22126
	Total	3328721	18491096	1849106

NB: Human: Dog Population Ratio is 10:1 in Districts of the Country.

## Strategies for Rabies Control Programme in Nepal

It is Necessary and most urgent to take actions by His Majesty's Government of Nepal and concerned institutions to implement all the RECOMMENDATIONS Made And Proposed By The FIRST NATIONAL SEMINAR ON RABIES, which was held on 17-22 November, 1985, Kathmandu.

A. H.M.G. Policy in Rabies Control Programme.

#### Existing Policy:

Human and Canine Rabies Control Project, a national document has been prepared by Ministry of Health and Ministry of Agriculture but so far no clear cut policy has been taken by the government regarding the prevention and control of Rabies.

<u>Suggestions:</u> Policy should be to <u>keep rabies out.</u> To implement this policy the following organizations are necessary.

- National Coordinating Committee (NCC): As mentioned in national document: National Coordinating
  Committee is a multi-sectoral body responsible for policy and decision making concerning Rabies
  Control Activities.
- b. <u>Chief Programme Executor (CPE):</u> Chief, Zoonotic Disease and Rabies Control Project, Department of Health, Ministry of Health and CPE will be the main responsible person to implement Rabies Control Programme in all development regions of the country.

- Programme Coordinator: Chief, Rabies Control Project of the Department of Livestock Development and Animal Health, Ministry of Agriculture.
- d. National Executive Committee: As mentioned in National Document.
- e. Regional Coordinating Committee: As mentioned in the National Document.
- f. <u>District Coordinating Committee</u>: As mentioned in National Document.
- g. <u>Field Coordinator:</u> Veterinary Officer of that district.
- Legislation Required to Implement the Programme:

The infectious disease animal act 1984; which provides power to veterinary officers to control infectious disease. In addition to this the following legislation are required to be successful.

- a. Compulsory vaccination of all pet dogs.
- b. Compulsory wearing of rabies vaccinated tag for identification.
- Compulsory vaccination of imported dogs.
- d. Registration of dogs and its renewal every 2nd. year.
- e. Periodical elimination of stray dogs.
- f. Quarantine of imported dog for sufficient length of time.
- 3. Allocation of Responsibilities:

Rabies is a community problem. To be successful it requires support and cooperation from all the sectors. Clear understanding between Ministry of Health, Ministry of Agriculture and Ministry of Panchayat and Local Development is needed.

- I. Responsibilities of Department of Health.
- a. To execute the Rabies Control Programme in the country.
- b. Diagnosis of Human Rabies Cases.
- c. Post exposure treatment, to check the antibody titre of the exposed individual.
- Surveillance of rabies.
- e. Administration of pre-exposure vaccinated all people working at risk area.
- f. Health education.
- g. Checking of antibody titre among the vaccinated human and canine population.
- h. Reporting of Human and animal rabid cases to the NPD.
- i. Monitoring and Evaluation of the programme.
- II. RESPONSIBLE DEPARTMENT OF L.D. AND A.H.
- a. Vaccination of pots
- b. Diagnosis
- c. Vaccine production
- d. Checking of antibody litre among the vaccinated pots.
- e. Surveillance of animal rabies.
- f. Development of oral vaccine for wild animals
- g. Publicity and mass communication through extension programme.
- To assist the CPE and Town Panchayat in clomonation of dogs.
- III. TOWN PANCHAYAT OR VILLAGE PANCHAYAT
- a. Periodical Elimination of stray dogs.
- b. Registration of dogs vaccinated.
- c. Assist to CPE in Rabies control activities.
- d. Assist in Elimination of dogs.
- IV. HOME MINISTRY 1. Police implication

#### Penalties for the offenders.

#### 4. Prevention and Control Strategies.

- a. To have legislative support
- b. Provide potent ARV and ARS
- c. Vaccination of dogs (80%)
- d. Elimination of stray dogs
- e. Public awareness and Health Education
- Establish surveillance system.
- g. Establish diagnostic facilities and post exposure treatment in human.
- Control of immigration of dogs.
- Monitoring and evaluation of on going programme.
- j. Maintenance and follow up activities.

## 5. Objectives and Work Plan.

Same as in National document.

#### 6. Publicity:

The following mass communicating media will be utilized to increase the public awareness.

- a. Development of posters
- b. Distribution of pamlets
- c. Exhibition of slides, video, films, programme in TV.
- d. Radio messages
- e. Press releases
- f. Speech and talks

#### 7. Conclusions;

Rabies is still a public health hazard, therefore every attempt should be made by Zoonoses disease and Rabies Control Project of DHS/MOH/HMG to keep this disease out inspite of serious cultural stigmas existing in our society. As it is community problem, no control programme of this kind can be successful without full cooperation from multi-sectorial agencies and local people.

## B. Health Education and Rabies Control

Health education has been considered as an important component of any health programme and it is more vital for the control of the dreadful disease like rabies which affects both men and animals. Through proper planning and effective implementation, health education can inform and motivate the individuals the familiar and the community members to take decisions and actions for overcoming the problem of rabies.

- There should be semi-autonomous and strong rabies control project strengthening the existing project or by creating a new on which should be represented by specialists from the Department of health Services and the Department of Livestock Development and Animal health to deal with all aspects of Rabies Control in Human and Animals.
- 2. Before making the public aware of the need of having anti-rabies vaccine, the vaccine should be produced in sufficient quantity and supplied to all the health and veterinary institutions.

## 3. Training:

- a) The existing training programmes of both the Ministries i.e. the ministry of Agriculture and the Ministry of health should include specific component on Rabies.
- As and where feasible, both the Ministries should jointly conduct specific and uniform training programme on rabies to all levels of their workers as well as to the public, specially the dog owners, community leaders, panchayat workers, etc.

- c) Regular refresher training courses should be organized in order to impart the latest technical knowledge to all categories of human and animal health workers as well as to the public.
- Training abroad should be provided along with observation tours of high officials.
- e) Training provision should be made for tissue oulture vaccine production.

#### 4. Formation of Core Group:

A case group comprising the specialists from human health, animal health and health education, should be formed for developing and implementing the detailed programme on rabies education including the development of training guides for the training of different levels of human and animal health workers.

- Frequent workshops on Rabies should be organized.
- Monitoring and evaluation of the total rabies cotrol programme would be regularly carried out.
- Assistance from the interested National and International agencies such as, RONAST, UNDP, etc. as well as from Town and Village Panchayates should be sought for Rabies control Programme.
- C. Epidemiological Surveillance System on Rabies Control
- a) The group realised the existing surveillance system regarding rabies should be developed and strengthened in a integrate form between MOH, DHS, MOA, DL/DAM to a common format.
- b) The following are integrated types of different kinds of regarding and reporting formats could be developed to use in all levels of Health/Veterinary.
- c) a. Clinical Registrations for recording the post exposure treatment (Annex from No. 44) with OPD/ID cards.
  - b. Register for report case recording for ARV Post exposure Annex-B
  - c. Reporting system form the grass root levels to control level of Health/Veterinary e.g. health Post - DHD/Dist - Regional Central. In centre MOH/MOA Reporting forms should be prepared in two copies by each reporting centers of each level.
  - MOH Department of Health Services Zoonotic Disease Control Section should be as a Focal Point.
  - Zoonotic Disease Control Section should be given prime responsible for the collection compilation coding and tabulation of regular records and reports of rabies.

#### D. Rabies vaccine production and diagnosis.

#### Vaccine Production

- The rabies laboratory at Tripureswor should start the manufacture of sheep brain BPL vaccine and the quality of the vaccine should be improved by making that vaccine from suckling animal brain, till this vaccine is replaced by tissue outture vaccine.
- For the production of Tissue culture vaccine in future measures should be taken immediately to develop manpower and infrastructure.
  - The manufacture of wide range flury vaccine for preexposure immunization of animals should be started as soon as possible.

## Procurement of vaccine and serum

 Procurement of BPL sheep brain vaccine from India should be continued till the country becomes self sufficient and study of equivalent other type of safer and highly patent vaccine should be made.

#### Vaccination

- For all the staffs working in rabies laboratory and rabies clinics, Human diploid cell culture vaccine for prophylaxis should be made available to prevent the risk of exposure.
- Strict guide lines should be given to all human post exposure treatment centers.
- To reduce the large bulk use of vaccine for animal treatment, efforts should be made to pass by laws
  of infectious disease act to kill all the animals particularly dogs if bitten by suspected rabid dog.

#### Diagnosis

- Rabies diagnostic laboratory at Tripureswor should be strengthened with sufficient man power and facilities needed for it.
- In all the 5 regions a small lab. Should be established to collect and dispatch rabies sample to control laboratory. Facilities for Nogribody test should be developed in each such lab.

#### Incentives

- At present the working staff are scared and are reluctant to work on rabies vaccine production and diagnosis as they have to work with the rabid brain thus they should be provided with some incentives to achieve the goal otherwise the situation may remain the same.

## E. Research on Rabies

## Health System Research on Rabies

#### SurveyShould be carried out to know:

- The incidence of rabies in the different community and to declare the highest and lowest sensitive place.
- ii. Awareness about rabies at household level.
- How many families own the dog and maintain properly and vaccinate regular.
- What kind of more information they need.
- Percentage of families keeping dogs for what purposes.
- iii. The awareness about the diseases of leaders of different Government and Non-Government organizations person to be consulted are :
- local leader
- Members of district panchayats
- Town Panchayat leaders
- Social Clubs and etc.

#### iv. Patients records:

- If a person of animal gets infection what kind of action usually they take first.
- How quickly and carefully or when.
- If a patient dies with the disease, how they dispose it.
- What short of more information they need.

#### A research should be carried out on:

- Traditional methods of treatments
- Homeopathic therapy
- Ayurbedic methods to find out the effectiveness of their treatment in rabies control.

## Operational Research:

- i) A study should be made for how the mass vaccination of dogs could be implemented effectively in present methods are able to implement most or some new method.
- ii) Immunological study of dogs and patens should be made to insure effective use of vaccine.
- iii. A study should be made for public awareness and then community participation.
- iv. Inspect of dog control in regards to rabies control in human and animal should be analysed.

## Dog Ecology

- i. Population census of dogs and ratio of households to dog should be calculated.
- ii. Growth rate, habitat and migrational system should be found out.
- iii. Disease prevalence.
- iv. Elimination of unvaccinated dog (by using most safest poison or other suitable methods.)
- Populations of dog should be controlled by permanent sterilization or by using some suitable family planning devices.

#### Search for Funds

The expected sources for funds are:

- International level WHO/UNDP/FAO
- National Level RONAST/NMRC/NEST
- 3. Other bilateral agencies like USAID, SATA, IDRC etc.

#### The funds should be available for:

- Man power development
- ii. Physical facilities
- iii. Other research activities.
- There should be a research as to identify the strain of the virus of the Neplease rabies virus by the monoclonal antibodies method.
- There must be checking of the efficacy of the vaccine of dogs with a Nepalese vaccine by antibody titration.
- A study should be performed to find out the cheapest and best vaccine for Nepalese conditions.

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